



# April 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>			1 Scrambled Eggs & Hash Browns, Fruit	2 Breakfast Casserole, Pineapple Tidbits	3 Fruit Whirls, Fresh Fruit 1% Milk
<b>AM Snack</b>			pudding with Vanilla Wafers	Cinnamon Wrap on Whole Wheat Tortilla & Unsweetened Applesauce	Whole Grain English Muffin & Soy Butter
<b>Lunch</b>			Chicken & Noodles (VO Cheesy Noodles), Green Beans, Fruit Cocktail, 1% Milk	Ham & Au gratin Potatoes (VO: Cheesy Noodles), Mixed Vegetables Fruit, 1% Milk	Grilled Chicken on Whole Wheat Bun, (VO: American Cheese Sand), Whole Kernel Corn, Fresh Grapes, 1% Milk
<b>PM Snack</b>			American Cheese Wrap wSalsa	Baked Pita Chips & Veggie Cream Cheese	Ms. Debbie's Snack Pick
<b>Breakfast</b>	6 Crispy Rice Cereal, Fresh Fruit, 1% Milk	7 Whole Grain Waffles, Strawberries 1% Milk	8 Scrambled Eggs & Sausage, Apricots 1% Milk	9 Bacon/Cheese Muffin, Fruit, 1% Milk	10 Frosted Flakes, Fruit Cocktail, 1% Milk
<b>AM Snack</b>	Whole Grain Mini-Bagel & Cream Cheese	Cheddar Cheese Cubes & Seasoned Oyster Crackers	Whole Grain Ritz Crackers & Soy Butter	Blueberry Yogurt & Vanilla Wafers	Cinnamon Teddy Grahams & Unsweetened Applesauce
<b>Lunch</b>	Whole Grain Cheese Pizza (VO: Pizza ), Fresh Garden Salad with Ranch, Pineapple Tidbits, 1% Milk	Country Fried Steak (VO Red Beans & Rice), Whipped Potatoes & Gravy, Fresh Bananas, 1% Milk	Cheeseburger on Whole Wheat Bun (VO: Cheese Sandwich on Whole Wheat Bun), Oven Baked Fries, Fresh Apple Wedges, 1% Milk	Macaroni & Cheese (VO: Macaroni & Cheese), Peas, Fresh Orange Wedges, 1% Milk	Turkey Breast & Cheese on Mini Bun (VO: Cheese Sandwich), Fresh Baby Carrots w/Ranch, Fresh Pear Wedges, 1% Milk
<b>PM Snack</b>	Ghardetto Snack Mix & Raisins	Warm Soft Pretzel & Warm Cheese Sauce	Fresh Grapes , Whole Grain Goldfish Crackers	Baked Pita Chips & Greek Yogurt Taco Dip	Ms. Debbie's Snack Pick
<b>Breakfast</b>	13 Special K Cereal, Fresh Oranges, 1% milk	14 Biscuits & Jelly, Apricots, 1% milk	15 Scrambled Eggs & Ham, Fruit , 1% Milk	16 Blueberry Yogurt/Granola/Strawberries	17 Corn Chex, Fresh Fruit 1% milk
<b>AM Snack</b>	Fresh Apple Wedges & Soy Butter	Honey Grahams & Strawberry Yogurt	Cinnamon Breadstick & Unsweetened Applesauce	Veggie Straws & Greek Yogurt Dip	Vanilla Goldfish with Yogurt Dip
<b>Lunch</b>	Diced Chicken & Rice (VO: Broccoli & Cheese Rice), Whole Kernel Corn, Pineapple Bits, 1% milk	Spaghetti w/MeatSauce and Whole Wheat Pasta (VO: Spaghetti w/Marinara), Fresh Garden Salad, Fruit Cocktail , 1% milk	BBQ Rib on Whole Wheat Bun (VO: Cheese Sandwich), Baked Beans, Fresh Pear Wedges 1% milk	Chesterbrook Cook Out	Chicken Taco on WW Tortilla, Green Beans, Fresh Orange Wedges 1% milk
<b>PM Snack</b>	Wheat Thins & Veggie Cream Cheese	Homademade Rice Krispie Treats & Fresh Grapes	Air Popped Popcorn & Fresh Bananas	Pretzel Rods & Strawberry Cream Cheese	Miss Debbie's Snack Pick



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Breakfast</b>	Apple Whirls Fresh Fruit, 1% Milk	Mini Bagel & Cream Cheese, 1% Milk	Scrambled Eggs & Bacon, Peaches 1% Milk	Whole Grain French Toast Fruit, 1% Milk	Cherros & Mixed Fruit, 1% Milk
<b>AM Snack</b>	Rice Cakes & Mandarin Oranges	Warm Garlic Breadstick & Warm Marinara Sauce	Vanilla Wafers & Vanilla Pudding	Whole Grain English Muffin & Soy Butter	Animal Crackers & Vanilla Greek Yogurt Dip
<b>Lunch</b>	Chicken Quesadillas on WW Tortilla, Fresh Garden Salad, Pineapple Tidbits 1% Milk	Beef Nachos (VO: Cheese Nachos), Whole Kernel Corn, Fresh Red Grapes 1% Milk	Meatballs (VO: Broccoli & Cheese), Green Beans, Fresh Orange Wedges 1% Milk	Salisbury Steak (VO Red Beans & Rice) Whipped Potatoes w/Gravy Fresh Pears 1% Milk	3 Meat Sub Combo on Mini Bun (VO: Cheese Sandwich), Tater Tots, Fresh Apple Wedges 1% Milk
<b>PM Snack</b>	Apple Cinnamon Granola Bar & Fresh Bananas	Homemade Brownies & Applesauce	American Wrap & Warm Marinara	Tortilla Chips & Salsa	Ms. Debbie's Snack Pick
	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Breakfast</b>	Froot Loops, Fruit Cocktail 1% Milk	Fresh Banana Bread, Grapes 1% Milk	Scrambled Eggs/Hash Browns, 1% Milk	Whole Grain Pancakes, Apricots 1% Milk	
<b>AM Snack</b>	Blueberry Yogurt & Graham Crackers	Mozzarella Wrap & Warm Marinara	Club Crackers & American Cheese	Pita Chips & Salsa	
<b>Lunch</b>	Honey Ham & American Cheese on WW (VO: Cheese on WW), Corn on the Cob, Fresh Pears 1% Milk	Tortellini, Fresh Garden Salad, Pineapple 1% Milk	Homemade Sloppy Joes (VO: Swiss Sand), Tater Tots, Fresh Bananas 1% Milk	Whole Grain Chicken Nuggets,(VO Broccoli Cheese & Rice) Green Beans, Peaches & Cherries 1% Milk	
<b>PM Snack</b>	Air Popped Popcorn & Fig Newtons	Homemade Monkey Bread & Fresh Apples	Cinnamon Wrap on WW Tortilla & Applesauce	Veggie Straws & Veggie Cream Cheese	