



April 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Oatmeal Bars and Milk	2 Bananas and Milk	3
Lunch			Turkey, Rice Pilaf, Peas, Milk	Grilled Chicken Patty, Mashed Potatoes, Green Beans, Milk	Chef's Choice
PM Snack			Wheat Thins & Hummus	Cucumbers with Ranch and String Cheese	
AM Snack	6 Cheese Omelet	7 Rice Krispies and Milk	8 Oatmeal and Milk	9 Whole Grain Bagel with Cream Cheese	10 Mangoes and Milk
Lunch	Soy Butter and Jelly on Whole Wheat, Cucumbers, Apple Slices, Milk	Ravioletti in Tomato Sauce, Salad with Ranch Dressing, Peaches, Milk	Chicken Quesadilla, Corn, Pineapple, Milk	Turkey Sloppy Joes on Whole Grain Roll, Green Beans, Orange Slices, Milk	Pizza, Applesauce, Carrots, Milk
PM Snack	Whole Grain Goldfish and Milk	Tortilla Chips and Salsa	Yogurt and Raisins	Grapes and Wheat Thins	Bananas and Milk
AM Snack	13 Cinnamon Raisin Toast and Milk	14 Oatmeal Bars and Milk	15 Kix and Milk	16 Whole Grain Waffles with Apple Butter	17
Lunch	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit, Milk	Tacos, Oven Browned Diced Potatoes, Oranges, Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce, Milk	Pierogies, Green Beans, Peaches, Milk	Chef's Choice
PM Snack	Whole Wheat Pita Bread and Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices with Sunflower Butter and Milk	
AM Snack	20 Kix with Milk	21 Muffins and Milk	22 English Muffins with Sunflower Butter	23 Cheerios and Milk	24 Bananas and Milk
Lunch	Meatloaf with Brown Gravy, Rice, Peas, Milk	Turkey and Cheese Wrap on Whole Wheat Tortilla, Grapes, Yogurt, Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears, Milk	Cheese Omelet, Turkey Sausage, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Diced Potatoes, Milk
PM Snack	Carrot Sticks with Ranch Dressing and String Cheese	Waffle Grahams	Pretzel Fish and Applesauce	Sunflower Butter and Crackers	Wheat Thins and String Cheese
AM Snack	27 Oatmeal Bars and Milk	28 Yogurt and Raisins	29 Corn Flakes and Milk	30 Apple Slices	
Lunch	Ham and Cheese Roll Ups on Whole Wheat Tortillas, Apple Slices, Corn and Milk	Chicken Nuggets, Broccoli, Pineapple, Milk	Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges, Milk	Chicken Parmesan, Salad with Ranch Dressing, Peaches, Milk	
PM Snack	Pretzel Goldfish and Milk	Apple Slices and Milk	Grapes and Wheat Thins	Trail Mix and Milk	