



# October 2016 Lunch Menu



**Philadelphia**  
Sun

Mon

Tue

Wed

Thu

Fri

Sat

						1
2	<p>3 Pancakes &amp; Syrup, Turkey Sausage, Peaches</p> <p>AM— Cinna Raisin Toast PM— Chex Mix</p>	<p>4 Broccoli and Ziti Alfredo, Apple Slices</p> <p>AM—Cereal &amp; Milk PM—Carrots &amp; Hummus</p>	<p>5 Ground Turkey Taco Salad, Peaches</p> <p>AM— Waffles &amp; Syrup PM— Apple Sauce</p>	<p>6 Macaroni &amp; Cheese, Zucchini, Melon Balls</p> <p>AM— Vanilla Yogurt PM—Goldfish</p>	<p>7 Cheese Quesadilla w/ Salsa, Corn, Pineapple</p> <p>A M—WG Mini Bagels PM—Pretzels</p>	8
9	<p>10 Egg &amp; Cheese English Muffins, Hash Browns, Mandarin Oranges</p> <p>AM— WG Cereal Bar PM— Cheez-its</p>	<p>11 Pulled Turkey with Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce</p> <p>AM—French Toast PM—Mixed Berries</p>	<p>12 Grilled Cheese, Tomato Soup, Grapes</p> <p>AM— Strawberry Yogurt PM— Cucumbers &amp; Hummus</p>	<p>13 Fish Sticks, Rice Pilaf, Peppers and Dip</p> <p>AM—Blueberry Muffins PM—Orange Slices</p>	<p>14 Sliced Turkey Hot Dogs, Vegetarian Beans, Apple Slices</p> <p>AM— Cereal &amp; Milk PM—Crackers &amp; Cheese</p>	15
16	<p>17 Pancakes &amp; Syrup, Turkey Sausage, Peaches</p> <p>AM— Cinna Raisin Toast PM— Chex Mix</p>	<p>18 Broccoli and Ziti Alfredo, Apple Slices</p> <p>AM—Cereal &amp; Milk PM—Carrots &amp; Hummus</p>	<p>19 Ground Turkey Taco Salad, Peaches</p> <p>AM— Waffles &amp; Syrup PM— Apple Sauce</p>	<p>20 Macaroni &amp; Cheese, Zucchini, Melon Balls</p> <p>AM— Vanilla Yogurt PM—Goldfish</p>	<p>21 Cheese Quesadilla w/ Salsa, Corn, Pineapple</p> <p>AM—WG Mini Bagels PM—Pretzels</p>	22
23	<p>24 Egg &amp; Cheese English Muffins, Hash Browns, Mandarin Oranges</p> <p>AM— WG Cereal Bar PM— Cheez-its</p>	<p>25 Pulled Turkey with Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce</p> <p>AM—French Toast PM—Mixed Berries</p>	<p>26 Grilled Cheese, Tomato Soup, Grapes</p> <p>AM— Strawberry Yogurt PM— Cucumbers &amp; Hummus</p>	<p>27 Fish Sticks, Rice Pilaf, Peppers and Dip</p> <p>AM—Blueberry Muffins PM—Orange Slices</p>	<p>28 Sliced Turkey Hot Dogs, Vegetarian Beans, Apple Slices</p> <p>AM— Cereal &amp; Milk PM—Crackers &amp; Cheese</p>	29
30	<p>31 Pancakes &amp; Syrup, Turkey Sausage, Peaches</p> <p>AM— Cinna Raisin Toast PM— Chex Mix</p>					



# October 2016 Events Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 	3	4	5	6  <i>Lifetouch Fall Pictures Beg. B – Kindergarten 7am-12pm</i>	7  <i>Lifetouch Fall Pictures Infant A – Beg. A 7am-12pm</i>	8
9	10	11	12  <i>Pre-K &amp; Kindergarten Fall Field Trip Indian Acres Farm</i>	13	14 <i>Flyers Friday</i> 	15
16	17	18	19	20	21	22
23	24	25	26	27 <i>Pajama Day!!</i> 	28	29
30	31 <i>Halloween Parade 3:30-4:30</i> 					