



August 2016 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1 Cereal and Milk	2 Fresh Fruit	3 Oatmeal Bars	4 Cereal and Milk	5 Chef's Choice
Lunch	Whole Grain Chicken Nuggets, Sweet Potato Fries, Carrots and Milk	Mac and Cheese, Green Beans, Pears and Milk	Turkey Sloppy Joes on Whole Grain Buns, Mixed Veggies, Peaches and Milk	Sunflower Butter and Jelly on Whole Grain Bread, Apples, Yogurt and Milk	
PM Snack	Whole Grain Goldfish Crackers	Graham Crackers and Milk	Trail Mix	Carrot Sticks and Ranch Dressing	
AM Snack	8 Waffles w/ Apple Butter	9 Cereal and Milk	10 English Muffins with Sun Butter	11 Fresh Fruit	12 Cereal and Milk
Lunch	Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Pineapple and Milk	Turkey Dogs on Whole Grain Bun, Corn, Fresh Fruit and Milk	Pierogies, Broccoli, Pears and Milk	Whole Grain Ham and Cheese Wrap, Oranges, String Cheese and Milk	Pizza, Salad with Ranch Dressing, Peaches and Milk
PM Snack	Oatmeal Cookies and Milk	Pita and Hummus	Animal Crackers and Applesauce	Tortilla Chips and Salsa	Crackers and Cheese
AM Snack	15 Cereal and Milk	16 French Toast	17 Yogurt	18 Cereal and Milk	19 Chef's Choice
Lunch	Bowtie Pasta with Parm., Peas, Oranges and Milk	Chicken Parm, Corn, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Applesauce and Milk	Turkey and Cheese on Whole Grain Bread, Apple Slices, Carrot Sticks with Ranch Dressing and Milk	
PM Snack	Carrot Sticks with Ranch and Milk	Pretzel Fish	Spikers Ranch Crackers and String Cheese	Fresh Fruit and Milk	
AM Snack	22 Yogurt	23 Cereal and Milk	24 Cereal and Milk	25 English Muffins and Apple Butter	26 Fresh Fruit
Lunch	Meatloaf, Diced Potatoes, Pineapple and Milk	Turkey Tacos, Salad with Ranch Dressing, Fresh Fruit and Milk	Pasta with Tomato Sauce, Green Beans, Pears and Milk	Ham and Cheese on Whole Grain Bread, Fresh Fruit, Pretzels and Milk	Hamburgers on Whole Wheat Bun, Sweet Potato Fries, Carrots and Milk
PM Snack	Yogurt	Graham Crackers and Raisins	Cucumbers with Ranch Dressing and Milk	Wheat Thins and Hummus	Trail Mix
AM Snack	29 Oatmeal Bars	30 Cereal and Milk	31 Waffles and Milk		
Lunch	Grilled Chicken Patty, Potatoes, Corn and Milk	Ravioletti with Tomato sauce, Green Beans, Applesauce and Milk	Whole Grain Chicken Nuggets, Broccoli, Peaches and Milk		

PM Snack

Crackers and Cheese

Whole Grain Goldfish Crackers

Fresh Fruit and Milk