

June 2016 Menu 👺 🌣 🕏



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Yogurt	2 Cereal and Milk	3 Cereal and Milk
Lunch			Whole Grain Chicken Nuggets, Peas, Pineapple and Milk	Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Applesauce and Milk	Turkey Tacos, Salad with Ranch Dressing, Pears and Milk
PM Snack			String Cheese	Bananas	Whole Grain Goldfish and Fruit
	6	7	8	9	10
AM Snack	Cereal and Milk	Apple Slices and Milk	Oatmeal Bars	Cereal and Milk	
Lunch		Fish Sticks, Rice Pilaf, Broccoli and Milk	Bow Tie Pasta w/ Parmesean, Mixed Veggies and Peaches	Grilled Chicken Patty on a Whole Grain Bun, Salad with Ranch Dressing, Pineapple and Milk	Chef's Choice
PM Snack	Fresh Fruit and Milk	Animal Crackers and Raisins	Graham Crackers and Sunbutter	Pita and Hummus	
	13	14	15	16	17
AM Snack	Eggs	Yogurt	Cereal and Milk	Fresh Fruit and Milk	Oatmeal Bars
Lunch	Bun Green Reans Oranges and	Mac & Cheese, Peas, Tropical Mixed Fruit and Milk	Cheese Omelet, Oven Browned Diced Potatoes, Fruit Cocktail and Milk	Sunbutter and Jelly on Whole Grain Bread, Apple Slices, Cucumbers with Ranch Dressing and Milk	Diced Turkey, Rice Pilaf, Carrots and Milk
PM Snack	Pretzel Fish and Applesauce	Fresh Fruit and Milk	Whole Grain Spikers Ranch Crackers and String Cheese	Oatmeal Cookie and Raisins	Trail Mix
	20	21	22	23	24
AM Snack	Cereal and Milk	French Toast and Milk	Oatmeal Bars	Cereal and Milk	
Lunch	Pizza Corn Peaches and Milk	Cheese Quesadilla, Peas, Pineapple and Milk	Tuna Sandwich on Whole Grain Bread, Applesauce and Broccoli and Milk	Ham and Cheese Wrap, Carrots, Fresh Fruit and Milk	Chef's Choice
PM Snack	Fresh Fruit and Milk	Cucumbers with Ranch and Wheat Crackers	Tortilla Chips and Salsa	Yogurt and Raisins	



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	30	1
AM Snack	Cereal and Milk	English Muffin with Apple Butter	Oatmeal Bars	Fresh Fruit and Milk	Cereal and Milk
Lunch	Runs Fresh Fruit Yagurt and		Turkey Tacos, Salad with Ranch Dressing, Pears and Milk	Turkey and Cheese on Whole Grain Bread, Apples, Yogurt and Milk	Spaghetti and Meatballs, Salad with Italian Dressing, Mandarin Oranges and Milk
PM Snack	Trail Mix	Crackers and Cheese	Pita and Hummus	Pretzels and String Cheese	Spikers Crackers and Milk



