



April 2016 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1
Lunch					Chef's Choice
PM Snack					
AM Snack	4 Cheese Omelet	5 Cereal and Milk	6 Oatmeal Bar and Milk	7 Whole Grain Bagel with Cream Cheese	8 Cereal and Milk
Lunch	Soy Butter and Jelly on Whole Wheat, Cucumbers, Apple Slices, Milk	Bow Tie Pasta with Parm, Salad with Ranch Dressing, Peaches, Milk	Chicken Quesadilla, Corn, Pineapple, Milk	Turkey Sloppy Joes on Whole Grain Roll, Green Beans, Orange Slices, Milk	Pizza, Applesauce, Carrots, Milk
PM Snack	Whole Grain Goldfish and Milk	Tortilla Chips and Salsa	Yogurt and Raisins	Grapes and Wheat Thins	Bananas and Milk
AM Snack	11 Cinnamon Toast and Milk	12 Oatmeal Bars and Milk	13 Cereal and Milk	14 Whole Grain Waffles with Apple Butter	15 Chef's Choice
Lunch	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit, Milk	Tacos, Oven Browned Diced Potatoes, Oranges, Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce, Milk	Pierogies, Green Beans, Peaches, Milk	
PM Snack	Whole Wheat Pita Bread and Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices with Sunflower Butter and Milk	
AM Snack	18 Cereal with Milk	19 Muffins and Milk	20 English Muffins with Sunflower Butter	21 Cereal and Milk	22 Bananas and Milk
Lunch	Meatloaf with Brown Gravy, Rice, Peas, Milk	Turkey and Cheese Wrap on Whole Wheat Tortilla, Grapes, Yogurt, Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears, Milk	Cheese Omelet, Turkey Sausage, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Diced Potatoes, Milk
PM Snack	Carrot Sticks with Ranch Dressing and String Cheese	Waffle Grahams	Pretzel Fish and Applesauce	Sunflower Butter and Crackers	Wheat Thins and String Cheese
AM Snack	25 Oatmeal Bars and Milk	26 Yogurt and Raisins	27 Cereal and Milk	28 Apple Slices	29 Chef's Choice
Lunch	Ham and Cheese Roll Ups on Whole Wheat Tortillas, Apple Slices, Corn and Milk	Chicken Nuggets, Broccoli, Pineapple, Milk	Raviolletti with Tomato Sauce, Green Beans, Oranges, Milk	Chicken Parmesan, Salad with Ranch Dressing, Peaches, Milk	
PM Snack	Pretzel Goldfish and Milk	Apple Slices and Milk	Grapes and Wheat Thins	Trail Mix and Milk	