



August 2015 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Cereal and Milk 3	Fresh Fruit 4	Oatmeal Bars 5	Cereal and Milk 6	
Lunch	Whole Grain Chicken Nuggets, Sweet Potato Fries, Carrots and Milk	Mac and Cheese, Green Beans, Pears and Milk	Turkey Sloppy Joes on Whole Grain buns, Mixed Veggies, Peaches and Milk	Sunflower Butter and Jelly on Whole Grain Bread, Apples, Yogurt and Milk	Chef's Choice
PM Snack	Whole Grain Goldfish Crackers	Graham Crackers and Milk	Trail Mix	Carrot sticks and ranch	
AM Snack					
	10	11	12	13	14
AM Snack	Waffles w/ apple butter	Cereal and Milk	English muffins with Sunbutter	Fresh Fruit	Cereal and Milk
Lunch	Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Pineapple and Milk	Turkey Dogs on Whole Grain Buns, Corn, Fresh Fruit and Milk	Pierogies, Broccoli, Pears and Milk	Whole Grain Ham and Cheese Wrap, Oranges, String Cheese and Milk	Whole Grain Pizza, Salad with Ranch Dressing, Peaches and Milk
PM Snack	Oatmeal Cookies and Milk	Pita and Hummus	Animal Crackers and Applesauce	Tortilla Chips and Salsa	Crackers and Cheese
AM Snack					
	17	18	19	20	21
AM Snack	Cereal and Milk	French Toast	Yogurt	Cereal and Milk	
Lunch	Bowtie Pasta with Parm., Peas, Oranges and Milk	Chicken Parm., Corn, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Applesauce and Milk	Turkey and Cheese on Whole Grain Bread, Apple Slices, Carrot Sticks with Ranch Dressing and Milk	Chef's Choice
PM Snack	Carrot Sticks with Ranch and Milk	Pretzel Fish	Spikers ranch crackers and String Cheese	Fresh Fruit and Milk	
AM Snack					
	24	25	26	27	28
AM Snack	Yogurt	Cereal and Milk	Cereal and Milk	English Muffins and Apple Butter	Fresh Fruit
Lunch	Meatloaf, Diced Potatoes, Pineapple and Milk	Turkey Tacos, Salad with Ranch Dressing, Fresh Fruit and Milk	Pasta with Tomato Sauce, Green Beans, Pears and Milk	Ham and Cheese Hoagie, Fresh Fruit, Pretzels and Milk	Hamburgers on Whole Grain Bun, Sweet Potato Fries, Carrots and Milk
PM Snack	Waffle Grahams	Graham Crackers and Raisins	Cucumbers with Ranch Dressing and Milk	Wheat Thins and Hummus	Trail Mix
AM Snack					
	31				
AM Snack	Oatmeal Bars				
Lunch	Grilled Chicken Patty, Potatoes, Corn and Milk				
PM Snack	Crackers and Cheese				

