



# December 2016 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1	2
Lunch				Cereal and Milk	Whole Grain Waffles
PM Snack				Pierogies, Broccoli, Peaches and Milk	Cheese Quesadilla, Peas, Oranges and Milk
				Bananas and Milk	Trail Mix and Milk
AM Snack	5	6	7	8	9
Lunch	Muffins and Milk	Cereal and Milk	Oatmeal Bars and Milk	Whole Grain Bagel with Cream Cheese	Cereal and Milk
PM Snack	Grilled Chicken Patty, Potatoes, Mixed Veggies and Milk	Ravioletti in Tomato Sauce, Salad with Ranch Dressing, Peaches, Milk	Chicken Quesadilla, Corn, Pineapple, Milk	Turkey Sloppy Joes on Whole Grain Roll, Green Beans, Orange Slices, Milk	Pizza, Applesauce, Carrots, Milk
	Trail Mix and Milk	Tortilla Chips and Salsa	Yogurt and Raisins	Wheat Thins and String Cheese	Bananas and Milk
AM Snack	12	13	14	15	16
Lunch	Cinnamon Toast and Milk	Oatmeal Bars and Milk	Cereal and Milk	Whole Grain Waffles with Apple Butter	Chef's Choice
PM Snack	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit, Milk	Tacos, Oven Browned Diced Potatoes, Oranges, Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce, Milk	Mac & Cheese, Green Beans, Peaches, Milk	
	Whole Wheat Pita Bread and Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices and Milk	
AM Snack	19	20	21	22	23
Lunch	Cereal with Milk	Muffins and Milk	English Muffins with Sunflower Butter	Cereal and Milk	Cereal and Milk
PM Snack	Meatloaf with Brown Gravy, Rice, Peas, Milk	Turkey and Cheese Wrap on Whole Wheat Tortilla, Fruit, Yogurt, Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears, Milk	Fish Sticks, Mixed Veggies, Diced Potatoes	Soy Butter and Jelly on Whole Grain Bread, Sweet Potato Fries, Applesauce and Milk
	Carrot Sticks with Ranch Dressing and String Cheese	Sunflower Butter and Crackers	Pretzel Fish and Applesauce	Waffle Grahams	Spikers Crackers
AM Snack	26	27	28	29	30
Lunch	CLOSED	Yogurt and Raisins	Cereal and Milk	Apple Slices	Chef's Choice
PM Snack		Chicken Nuggets, Broccoli, Pineapple, Milk	Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges, Milk	Chicken Parmesan, Salad with Ranch Dressing, Peaches, Milk	
		Apple Slices and Milk	Graham Crackers and Milk	Trail Mix and Milk	