



# February 2017 Menu



|          | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|----------|--|--|---|--|--|
| AM Snack |  |  | 1<br>Cereal and Milk  | 2<br>Bananas and Milk  | 3<br>Cereal and Milk                                 |
| Lunch    |  |  | Macaroni and Cheese, Peas, Pineapple and Milk               | Chicken Nuggets, Broccoli, Pears and Milk                          | Cheese Quesadilla, Corn, Mixed Fruit and Milk        |
| PM Snack |  |  | Waffle Grahams  | Apples and Milk  | Sunflower Butter on Graham Crackers and Milk         |
| AM Snack | 6<br>Oatmeal Bars  | 7<br>Cereal and Milk   | 8<br>Whole Grain Waffles with Apple Butter                  | 9<br>Cereal and Milk   | 10<br>Cereal and Milk                                |
| Lunch    | Fish Sticks, Carrots, Pineapple and Milk                               | Ravioletti in Tomato Sauce, Green Beans, Mixed Fruit and Milk          | Pizza, Salad with Ranch Dressing, Mandarin Oranges and Milk | Turkey Tacos, Salad with Ranch Dressing, Peaches and Milk          | Chef's Choice  |
| PM Snack | Pretzels and Applesauce  | String Cheese and Wheat Thins  | Caramel Rice Cakes and Milk                                 | Trail Mix and Milk   |  |
| AM Snack | 13<br>Cereal and Milk  | 14<br>English Muffins with Sunflower Butter                            | 15<br>Cereal and Milk                                       | 16<br>Oatmeal Bars   | 17<br>Cereal and Milk                                |
| Lunch    | Grilled Cheese on Whole Grain Bread, Tomato Soup, Mixed Fruit and Milk | Grilled Chicken Patty, Potatoes with Gravy, Green Beans and Milk       | Pierogies, Broccoli, Peaches and Milk                       | Hamburger on Whole Grain Bun, Corn, Oranges and Milk               | Meatloaf, Diced Potatoes, Peas and Milk              |
| PM Snack | Tortilla Chips and Salsa   | Spikers Crackers   | Oatmeal Cookie and Milk                                     | Yogurt and Raisins   | Whole Grain Goldfish Crackers                        |
| AM Snack | 20<br>Oatmeal Bars   | 21<br>Oatmeal Bars   | 22<br>Cereal and Milk                                       | 23<br>Whole Grain Muffins  | 24<br>Cereal and Milk                                |
| Lunch    | Closed for In-Service Day  | Turkey Sloppy Joes on Whole Grain Rolls, Broccoli, Applesauce and Milk | Diced Turkey, Rice Pilaf, Peas and Milk                     | Pasta with Tomato Sauce, Salad with Ranch Dressing, Pears and Milk | Chef's Choice  |
| PM Snack |  | Trail Mix and Milk   | Graham Crackers and Apple Butter                            | Carrot Sticks and Ranch Dressing and Wheat Thins                   |  |
| AM Snack | 27<br>Whole Grain Bagels with Cream Cheese                             | 28<br>Cereal and Milk  | 1<br>Yogurt and Fruit                                       | 2<br>Cereal and Milk   | 3<br>Oatmeal Bars                                    |
| Lunch    | Pasta with Parmesean, Green Beans, Oranges and Milk                    | Ham and Cheese Wrap, Mixed Veggies, Applesauce and Milk                | Cheese Omelet, Diced Potatoes, Pears and Milk               | Chicken Nuggets, Broccoli, Pineapple and Milk                      | Tuna on Whole Grain Bread, Carrots, Peaches and Milk |
| PM Snack | Pita and Hummus  | Waffle Grahams and Milk  | Pretzels and Applesauce                                     | Caramel Rice Cakes and Milk  | String Cheese and Wheat Thins                        |