



July 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			Cereal and Milk 1	Oatmeal Bars 2	CLOSED 3
Lunch			Mac and Cheese, Peas, Peaches and Milk	Turkey Sloppy Joes on Whole Grain Bun, Corn, Pears and Milk	
PM Snack			Spikers Ranch Crackers and Milk	Animal Crackers and Raisins	
AM Snack	Cereal and Milk 6	English Muffins with Apple Butter 7	Yogurt 8	Cereal and Milk 9	CLOSED 10
Lunch	Whole Grain Chicken Nuggets, Broccoli, Peaches and Milk	Meatloaf, Diced Potatoes, Green Beans and Milk	Raviolletti in Tomato Sauce, Salad with Ranch Dressing, Applesauce and Milk	Whole Grain Turkey and Cheese Wrap, Apple Slices, Carrot Sticks with Ranch and Milk	Chef's Choice
PM Snack	Fresh Fruit and Wheat Thins	Crackers with Sunflower Butter	Whole Grain Pretzel Fish	Yogurt	
AM Snack	Oatmeal Bars 13	Cereal and Milk 14	Cereal and Milk 15	Bagel and Cream Cheese 16	Waffles 17
Lunch	Turkey Tacos, Salad with Ranch Dressing, Pears and Milk	Pizza, Carrot Sticks with Ranch, Applesauce and Milk	Grilled Chicken Patty, Mashed Potatoes, Corn and Milk	Ham Sandwich on Whole Grain Bread, Oranges, String Cheese and Milk	Hamburger on Whole Grain Bun, Fresh Fruit, Green Beans and Milk
PM Snack	Carrot Sticks with Ranch and Milk	Whole Grain Goldfish Crackers	Graham Crackers with Sunbutter	Mini Rice Cakes and Raisins	Trail Mix
AM Snack	Cereal and Milk 20	French Toast 21	Oatmeal Bars 22	Cereal and Milk 23	CLOSED 24
Lunch	Spaghetti with Meatballs, Green Beans and Milk	Pierogies, Peas, Tropical Fruit and Milk	Diced Turkey, Rice Pilaf, Mixed Veggies and Milk	Sunflower Butter and Jelly on Whole Grain Bread, Apples, Yogurt and Milk	Chef's Choice
PM Snack	Pita and Hummus	Fresh Fruit and Pretzels	String Cheese	Pita and Hummus	
AM Snack	Oatmeal Bars 27	Fresh Fruit 28	Yogurt 29	Cereal and Milk 30	Toast with Sunbutter 31
Lunch	Turkey Dogs on Whole Grain Roll, Carrots, Applesauce and Milk	Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Pears and Milk	Bow Tie Pasta with Parmesan Cheese, Broccoli, Peaches and Milk	Ham and Cheese Hoagie, Fresh Fruit, Pretzels and Milk	Fish Sticks, Peas, Pineapple and Milk
PM Snack	Yogurt and Raisins	Trail Mix	Waffle Grahams	Carrot Sticks with Ranch Dressing and Wheat Thins	Wheat Crackers and Cheese

