



May 2016 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					
Lunch					
PM Snack					
AM Snack	Cereal and Milk 2	Oatmeal Bars and Milk 3	Cereal and Milk 4	Whole Grain Waffles with Apple Butter 5	Bananas and Milk 6
Lunch	Whole Grain Macaroni & Cheese, Broccoli, Pears and Milk	Turkey Sloppy Joes on Whole Grain Bun, Green Beans, Peaches and Milk	Tuna Sandwich on Whole Grain Bread, Applesauce, Carrot Sticks with Ranch Dressing and Milk	Meatloaf, Mashed Potatoes, Peas and Milk	Pizza, Salad with Ranch Dressing, Pineapple and Milk
PM Snack	Pita and Hummus	String Cheese	Yogurt and Raisins	Wheat Crackers and Cheese	Waffle Grahams
AM Snack	Cereal and Milk 9	English Muffin with Sunflower Butter 10	Yogurt and Raisins 11	Cereal and Milk 12	
Lunch	Diced Turkey, Rice Pilaf, Mixed Veggies and Milk	Ham and Cheese Wrap on Whole Grain Tortilla, Yogurt, Apple Slices and Milk	Whole Grain Spaghetti, Meatballs, Green Beans and Milk	Turkey Tacos, Salad with Ranch Dressing, Oranges and Milk	Chef's Choice
PM Snack	Applesauce and Milk	Trail Mix	Whole Grain Goldfish Crackers	Apples	
AM Snack	Oatmeal Bars 16	Cereal and Milk 17	Cheese Omelet 18	Bananas and Milk 19	Cereal and Milk 20
Lunch	Sunflower Butter and Jelly on Whole Wheat, Carrot Sticks with Ranch Dressing, Peaches and Milk	Grilled Chicken Patty, Diced Potatoes, Peas and Milk	Turkey Dog on Whole Grain Bun, Corn, Pineapple and Milk	Bow Tie Pasta with Parmesean Cheese, Carrots, Oranges	Cheese Quesadilla on Whole Grain Tortillas, Mixed Veggies, Peaches and Milk
PM Snack	Oranges Slices and Milk	Graham Crackers with Sunflower Butter	Apples	Pretzel Goldfish	Trail Mix
AM Snack	Cereal and Milk 23	Whole Grain Waffles 24	Cereal and Milk 25	Bananas and Milk 26	
Lunch	Ravioletti in Tonato Sauce, Green Beans, Applesauce and Milk	Hamburgers on Whole Grain Bun, Corn, Pears and Milk	Pierogies, Salad and Ranch Dressing, Peaches and Milk	Grilled Cheese on Whole Grain Bread, Apples, Broccoli and Milk	Chef's Choice
PM Snack	Tortilla Chips and Salsa	Waffle Grahams	String Cheese	Cantalope and Milk	



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