



# November 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	2 Cereal and Milk	3	4 Cereal and Milk	5 Oatmeal Bars	6
<b>Lunch</b>	Bow Tie Pasta with Parmesan, Green Beans, Applesauce and Milk	CLOSED - In-Service Day	Cheese Quesadilla on a Whole Grain Tortilla, Carrot Sticks, Mixed Fruit and Milk	Turkey Sloppy Joes, Tater Tots, Peaches and Milk	Soy Butter and Jelly on Whole Grain Bread, Bananas, Yogurt and Milk
<b>PM Snack</b>	Trail Mix		Pita and Hummus	Waffle Grahams	Caramel Rice Cakes
<b>AM Snack</b>	9 Cinnamon Toast	10 Cereall and Milk	11 Oatmeal Bars	12 Cereal and Milk	13
<b>Lunch</b>	Ham and Cheese Wrap on Whole Grain Tortilla, Apples, Peas and Milk	Macaroni and Cheese, Broccoli, Pineapple and Milk	Meatloaf, Potatoes, Peas and Milk	Pizza, Green Beans, Pears and Milk	Chef's Choice
<b>PM Snack</b>	Whole Grain Goldfish Crackers	Graham Crackers with Sunflower Butter	Applesauce and Pretzels	Yogurt and Raisins	
<b>AM Snack</b>	16 Oatmeal Bars	17 Cereal and Milk	18 French Toast	19 Bananas and Milk	20 Cereal and Milk
<b>Lunch</b>	Chicken Nuggets, Peas, Apples and Milk	Turkey Tacos, Diced Potatoes, Pears and Milk	Grilled Cheese on Whole Grain Bread, Tomato Soup, Pineapple and Milk	Turkey and Cheese on Whole Grain Bread, Carrots, Peaches and Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Mixed Fruit and Milk
<b>PM Snack</b>	Cheese and Crackers	Trail Mix	Yogurt and Graham Crackers	Apples and Milk	Tortilla Chips and Salsa
<b>AM Snack</b>	23 Cereal and Milk	24 English Muffins and Sunflower Butter	25 Cereal and Milk	26	27
<b>Lunch</b>	Pasta with Tomato Sauce, Salad with Italian Dressing, Peaches and Milk	Turkey, Potatoes, Corn and Milk	Turkey Dogs on Whole Grain Roll, Sweet Potato Puffs, Pears and Milk	Closed	Chef's Choice
<b>PM Snack</b>	Spikers Ranch Crackers	Waffle Grahams	Carrot Sticks and Ranch Dressing		
<b>AM Snack</b>	30 Yogurt and Raisins	1 Cereal and Milk	2 Oatmeal Bars	3 Cereal and Milk	4 Waffles
<b>Lunch</b>	Hamburger on Whole Grain Roll, Corn, Pineapple and Milk	Fish Sticks, Green Beans, Applesauce and Milk	Chicken Parm, Salad with Ranch Dressing, Pears and Milk	Pierogies, Broccoli, Peaches and Milk	Cheese Quesadilla, Peas, Oranges and Milk
<b>PM Snack</b>	Townhouse Crackers and Sunbutter	Whole Grain Goldfish Crackers	Wheat Cracker and Cheese	Bananas and Milk	Trail Mix and Milk

