

# Chesterbrook Academy

Back to School



## September Family Newsletter

Back to School



### Literacy and Links To Learning Academic Curriculum

Literacy is the foundation of early education, and Chesterbrook Academy is proud to announce starting this fall we are adopting literacy based weekly lesson plans. Thus, teachers will be contracting their class activities on a fictional or a non-fictional literacy piece such as a book or a poem. By building on the beliefs of basic literacy, children are learning in ways that are not only easier for them to understand but also stick with them for life.

By implementing literacy as the focal point of the classroom activities, children will not only read more books, but will strengthen their skills using the contents of the books through writing, science, art, music, mathematics, sensory, and social interactions.

#### ***How to Promote Literacy at home?***

*As always, Chesterbrook Academy encourages continuity between school and home, and we ask you to partner with the teachers in stimulating reading outside the school. Here are a couple of tips for helping promote reading with our daily routines:*

- 1. Help promote reading by asking "what," "where," and "how" questions when I read with your child to help him/her follow along and understand the stories.*
- 2. Introduce new words to your child from the book and link it to daily life objects such as "spoon" and "bowl" during breakfast time.*

### Important Calender Dates

8/31-9/4: Transition Week

9/4: Back to School Lu-Out 3pm-5pm

**9/7: Labor Day SCHOOL CLOSED**

9/8: First Day of Fall School

*9/8: Yoga and Tumblers Class Begins (Sign up at Front Desk)*

*9/15: Happy Feet Soccer Begins (Sign up at Front Desk)*

*9/16: Music for Life Begins (Sign up at Front Desk)*

9/25: Sign up Fall Parent Date Night on 10/23 6:30pm-10:00pm

*10/2: Bite Size Chefs Begins (Sign up at Front Desk)*

## Ancillaries at Chesterbrook Academy

In addition to the academic curriculum, the school offers secondary programs each semester for an additional fee. Each class has specialized coaches and instructors visit the school and teach specific course of choice throughout the week. Please see below for the various classes, and sign-up sheets are available in the school's front lobby.

### Happy Feet Soccer

*Ages 2yrs-5 yrs*

**Mondays 9:00 am**

**\$55/month**



### Jr Yogis and Jr Tumblers

*Ages Toddlers-5yrs*

**Tuesdays Starting at 9:30 am**

**\$55/month**



### Music for Life

*Piano Lesson: Ages 3yr-5yrs*

*Music and Movement: Ages Toddlers-2yrs*

**Wednesdays 3:00pm-4:30pm**



### Bite Size Chefs

*Ages Toddlers-5yrs*

**Fridays 9:00 am**

**\$55/month**

## Health and Safety News

Back-to-school does not have to mean back-to-worrying. Though safety inside school is ultimately the responsibility of the principal and school staff, parents can also assist in ensuring a safe school experience. Here are some recommendations highlighted by the National Association of School Principals:

1. **Learn the school's emergency procedures.** Emergency plans and phone numbers are usually posted by all phones. Taking a few extra minutes to familiarize yourself and your child with emergency information can give him the confidence he needs to act quickly in emergency situations.
2. **Know travel routes to and from the school.** Make sure you and your child know both primary and alternate routes. In an emergency, roads can be blocked and it's important to have a backup plan.
3. **Know and follow school security and safety measures.** These might include signing in when visiting the school and being escorted when walking through the building. Following these procedures also sets a great example for your kids.
4. **Talk with your child about safety.** Be specific. Talk about instinct and paying attention to funny feelings of fear. Explain what to do if she doesn't feel safe (find a teacher, call 911, etc.). Make sure she knows how to contact you or a trusted neighbor who is likely to be at home.
5. **Inform school staff about health and emotional concerns.** Whether your child has a food allergy, a physical disability, or has been subject to bullying, make sure to keep your child's teachers and principal in the loop.
6. **Get involved.** Talk with the principal and teachers about what you can do to increase school safety, such as ensuring escorting students into the classroom, and not sharing security codes of school, if any. During heavy traffic times, please make sure not to allow anyone unknown through the front doors.