



## October 2015

## **Events Calendar**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Back to School Night 2015: Stop by from 6:00- 7:30pm to meet your child's new teachers!	2	3
4	5	6	7	Example 2 Lifetouch  Freschool Portraits  Fall Picture Day  Beginner B—Kindergarten	Preschool Portraits  Fall Picture Day Infant A—Beginner A	10
11	Flyers Fun Day: Show your love for the Flyers or another NHL team in honor of our season home opener!	13	LONGWOOD GARDENS Pre-K & K Spring Field Trip	15 St. Ju Rese	de Children's arch Hospital.	17
18	19	20 School Spirit Day: Show your love for school by wearing green and yellow, or your Chesterbrook gear!	21	22	23	24
25	26	27	28	29	30  Halloween Parade Join us at 3:30pm to watch our students show off their cool costumes in this annual tradition!	Hallowe'en



4

11

18

25

19 Turkey Hot Dogs on

Corn, Mandarin Oranges

WG Bun, Tater Tots,

AM-WG Cereal Bar

26 Pizza with Whole

Wheat Crust, Broccoli,

AM-Cereal & Milk

PM—Bananas

PM—Apple Slices

Apricots



20 Grilled Chicken

Brussel Sprouts, Melons

AM—Low Fat Yogurt

PM—Blueberry Muffin

27 Chicken Nuggets,

Buttered Noodles.

Cauliflower, Pears

PM—Corn Muffin

AM—Low Fat Yogurt

Breast, Rice Pilaf,

## October 2015 Lunch Calendar

24

31

23 Tuna Salad Wrap

with Cheese, Peas &

Carrots, Applesauce

AM—English Muffin

PM—Wheat Crackers

30 Potato & Cheese

AM-WG Mini Bagels

Pierogies, Spinach,

Tropical Fruit Mix

PM—Cheez-Its

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Fish Sticks, White Rice, Carrots, Peaches	2 Potato & Cheese Pierogies, Spinach, Tropical Fruit Mix	3
				AM—Pancake & Syrup PM—Cucumbers & Dip	AM—WG Mini Bagels PM—Cheez-Its	
	5 Turkey Hot Dogs, Baked Beans, Corn, Mandarin Oranges	6 Grilled Chicken Breast, Rice Pilaf, Brussel Sprouts, Melons	7 Grilled Cheese, Tomato Soup, Mixed Veggies, Pineapple	8 WG Macaroni & Cheese, Asparagus, Mango	9 Tuna Salad Wrap with Cheese, Peas & Carrots, Applesauce	10
	AM—English Muffin PM—Apple Slices	AM—Low Fat Yogurt PM—Blueberry Muffin	AM—Egg Omelet PM—Pretzels & Cheese	AM—WG Cereal Bar PM—Carrot Sticks & Dip	AM—WG Cereal Bar PM—Wheat Crackers	
1	12 Pizza with Whole Wheat Crust, Broccoli, Apricots	13 Chicken Nuggets, Buttered Noodles, Cauliflower, Pears	14 Cheese Quesadilla with Salsa, Green Beans, Fruit Cocktail	15 Fish Sticks, White Rice, Carrots, Peaches	16 Potato & Cheese Pierogies, Spinach, Tropical Fruit Mix	17
	AM—Cereal & Milk PM—Bananas	AM—Low Fat Yogurt PM—Corn Muffin	AM—French Toast PM– Crackers & Cheese	AM—Pancake & Syrup PM—Cucumbers & Dip	AM—WG Mini Bagels PM—Cheez-Its	

21 Grilled Cheese, To-

mato Soup, Mixed Veg-

PM—Pretzels & Cheese

28 Cheese Quesadilla

with Salsa, Green Beans,

PM- Crackers & Cheese

gies, Pineapple

AM-Egg Omelet

Fruit Cocktail

AM—French Toast

22 WG Macaroni &

Cheese, Asparagus,

AM—Waffles & Syrup

29 Fish Sticks, White

AM—Pancake & Syrup

PM—Cucumbers & Dip

Rice, Carrots,

Peaches

PM—Carrot Sticks & Dip

Mango