

# Chesterbrook Academy

## September 2016

Sept. 5-9	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	CBA Closed	Pancakes, Peaches & Milk	Egg Patties, Tropical Fruit & Milk	Waffles, Mandarin Oranges & Milk	Whole Grain Cereal, Applesauce & Milk
<b>AM Snack</b>		Bananas & Animal Crackers	Vanilla pudding, wafers and Milk	Whole Grain Gold Fish and Grapes	Wheat Crackers & Cheese
<b>LUNCH</b>		Spaghetti, Tossed Salad, Fruit Cocktail Milk	Chicken Nuggets Tater Tots, Peaches & Milk	Cheese Tortellini in Alfredo Sauce, Carrots, Mandarin Oranges & Milk	Chicken Casserole, Mixed Fruit, Green Beans & Milk
<b>PM Snack</b>		Cucumbers & Ranch Dip	Pita Bread & Apple Spread	Apples & Sunflower Spread	Yogurt Parfait

Sept. 12-16	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Whole Grain Cereal, Pears & Milk	Whole Grain French Toast, Peaches & Milk	Biscuits with Jelly & Milk	Pancakes, Mixed Fruit & Milk	Whole Grain Cereal, Pineapple & Milk
<b>AM Snack</b>	Grapes and Crackers	Baby Carrots & Ranch Dip	Bagels & Cream Cheese	Pretzels and Juice	Animal Crackers and Milk
<b>LUNCH</b>	Pancakes, Turkey sausage, Mixed Fruit & Milk	Beef Tacos, Tossed Salad, Pineapple & Milk	Fish Sticks, Macaroni and Cheese, Pears, Corn & Milk	Turkey Meatballs, Rice, Peaches & Milk	Chef's Choice
<b>PM Snack</b>	Whole Grain Pita Bread and Cream Cheese	Smoothies and Animal Crackers	Popcorn & Puff N Corn	Tortilla Chips and Salsa	Cheez-Its and Juice

Sept. 19-23	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Whole Grain Cereal, Fruit & Milk	Oatmeal, Mixed Fruit & Milk	French Toast Sticks, Fruit Cocktail & Milk	Danish, Mandarin Oranges & Milk	Whole Grain Cereal, Fruit & Milk
<b>AM Snack</b>	Yogurt & Granola	Vanilla Pudding, Wafers & Milk	Cheez-Its and Grapes	Bananas & Graham Crackers	Cantaloupe & Ritz Crackers
<b>LUNCH</b>	Corn Dogs, Vegetarian Beans, Applesauce & Milk	Sheppard's Pie, Fruit Cocktail & Milk	Chicken Patties, Rice, Applesauce and Milk	Chicken Tacos, Tossed Salad, Mandarin Oranges & Milk	BBQ Chicken Rolls, Tater Tots, Mixed Fruit & Milk
<b>PM Snack</b>	Grapes & Pretzels	Carrots & Ranch Dip	Sliced Cucumbers & Ranch Dip	Wheat Crackers and Cheese	Popcorn and Puffin Corn

Sept. 26-30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Whole Grain Cereal, Applesauce and Milk	Whole Grain Bagels, Cream Cheese, Peaches & Milk	French Toast Sticks, Fruit Cocktail & Milk	Waffles, Mandarin Oranges & Milk	Whole Grain Cereal, Fruit Cocktail & Milk
<b>AM Snack</b>	Banana Smoothies & Graham Crackers	Crackers & Sun Butter	Pretzel Rods & Sun Butter	Yogurt Parfait	Cheese & Wheat Crackers
<b>LUNCH</b>	Turkey Dogs on Buns, Vegetarian Beans, Applesauce & Milk	Hamburger Sliders, Baked Fries, Peaches & Milk	Asian Chicken Nuggets, Mashed Potatoes, Pears & Milk	Turkey and Cheese Sandwiches, Green Beans, Pineapple & Milk	Chef's Choice
<b>PM Snack</b>	Chef's Choice	Cheez-its & Grapes	Vanilla Pudding, Wafers & Milk	Watermelon & Ritz Crackers	Animal Crackers & Bananas