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| **February**  Child’s Name  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Classroom   |  |  |  |  | | --- | --- | --- | --- | | Date | 1 | 2 | 3 | | **Jan 30** |  |  |  | | **Jan 31** |  |  |  | | **Feb 1** |  |  |  | | **Feb 2** |  |  |  | | **Feb 3 \*\*** |  |  |  | | **Feb 6** |  |  |  | | **Feb 7** |  |  |  | | **Feb 8** |  |  |  | | **Feb 9** |  |  |  | | **Feb 10 \*\*** |  |  |  | | **Feb 13** |  |  |  | | **Feb 14** |  |  |  | | **Feb 15** |  |  |  | | **Feb 16** |  |  |  | | **Feb 17 \*\*** |  |  |  | | **Feb 20** | **CL** | **OS** | **ED** | | **Feb 21** |  |  |  | | **Feb 22** |  |  |  | | **Feb 23** |  |  |  | | **Feb 24 \*\*** |  |  |  |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 30  Pasta w/Lean Beef & Eggplant Bolognese, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 31  Baked Fish Cakes, Cauliflower Crunch, Fresh Fruit  Cheese Tortellini w/Veggie Tomato Sauce, Cauliflower Crunch, Fresh Fruit  Cheese Tortellini w/Olive Oil, Cauliflower Crunch, Fresh Fruit | 1  “Make Your Own Yummy…” Chicken Fajitas, Black Beans, Fresh Fruit  “Make Your Own Yummy…” Tofu Fajitas, Black Beans, Fresh Fruit  Grilled Cheese, Baked Tator Tots, Fresh Fruit | 2  Roasted Herbed Sliced Turkey, Sweet Potato Fries, Baked Roll, Fresh Fruit  Turkey Po’ Boy Sandwich, Sweet Potato Fries, Fresh Fruit  Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 3  Chicken Gyro, Sautéed Peppers, Onions & Tomatoes, Fresh Fruit  Cheese Pizza, Baked Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies w/Low Fat Dip, Fresh Fruit |
| 6  Low Fat Chicken Alfredo over Penne, Roasted Zucchini, Fresh Fruit  Baked Chicken Nuggets, Roasted Zucchini, Fresh Fruit  Baked Tofu Nuggets, Roasted Zucchini, Fresh Fruit | 7  Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit  Cheese Enchiladas, Rice & Beans, Fresh Fruit  Pasta w/Olive Oil, Steamed Edamame, Fresh Fruit | 8  Chicken w/Sautéed Mushroom Sauce, Roasted Veggies, Baked Roll, Fresh Fruit  Grilled Chicken Sandwich, Roasted Veggies, Fresh Fruit  Grilled Cheese, Roasted Veggies, Fresh Fruit | 9  Lean Beef Burger, Roasted Sweet Peas, Fresh Fruit  Lean Beef Meatballs w/Tomato Sauce, Roasted Sweet Peas, Fresh Fruit  Mac & Cheese, Roasted Sweet Peas, Fresh Fruit | 10  Sesame Chicken, Roasted Carrots w/Sesame Ponzu Vinaigrette, Brown Rice, Fresh Fruit  Cheese Pizza, Baked Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies w/Low Fat Dip, Fresh Fruit |

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| 1. Check off your child’s lunch order for each day. 2. Every day you have a choice of Milk, Chocolate Milk, or Water. Please put a M, C, or W in the box for that day. 3. Each meal is $4.00. A full Menu for the Month is $76.00 4. **Order is due no later than Friday, January 20th.** |

**Meals x $4.00 = \_\_\_\_\_\_\_\_\_\_**

**Paid by: check # \_\_\_\_\_or cash**

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| **“Yummy in my Tummy”** Organic Caterers. | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 13  Penne w/Turkey Bolognese Sauce, Roasted Veggies, Fresh Fruit  Penne w/Olive Oil, Roasted Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit | 14  Cheese Lasagna, Steamed Edamame, Garlic Bread, Fresh Fruit  Pasta w/Olive Oil, Steamed Edamame, Garlic Bread, Fresh Fruit  Breakfast for Lunch – Waffles, Eggs, Fresh Fruit | 15  Lean Beef Sloppy Joe’s, Roasted Sweet Potato Wedges, Fresh Fruit  Arroz con Pollo, Baked Plantains, Fresh Fruit  Grilled Cheese, Roasted Sweet Potato Wedges, Fresh Fruit | 16  Garlic Chicken w/Caramelized Onions, Sweet Potatoes, Baked Roll, Fresh Fruit  Garlic Tofu w/Caramelized Onions, Sweet Potatoes, Baked Roll, Fresh Fruit  Mac & Cheese, Parmesan Roasted Broccoli, Fresh Fruit | 17  Cuban Sandwich, Roasted Potatoes, Fresh Fruit  Cheese Pizza, Baked Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies w/Low Fat Dip, Fresh Fruit |
| 20  **No Yummy Lunches**  **Happy President’s Day** | 21  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Cheese Tortellini w/Veggie Tomato Sauce, Roasted Veggies, Fresh Fruit | 22  Ropa Vieja, Baked Plantains, Brown Rice, Fresh Fruit  Tofu, Baked Plantains, Brown Rice, Fresh Fruit  Grilled Cheese, Baked Tator Tots, Fresh Fruit | 23  Roasted Herbed Sliced Turkey, Sweet Potato Fries, Baked Roll, Fresh Fruit  Roasted Turkey Sandwich, Sweet Potato Fries, Fresh Fruit  Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 24  Grilled Chicken & Swiss Sandwich, Roasted Veggies, Fresh Fruit  Cheese Pizza, Baked Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies w/Low Fat Dip, Freh Fruit |