



April, 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1 Buttermilk Biscuits with Sugar Free Grape Jelly, Milk	2 Nutrigrain Breakfast bars, Milk
Lunch				Spanish Rice, Steamed Corn, Diced Peaches, Milk	Vegetable Soup, Saltine Crackers, Mandarin Orange, Milk
PM Snack				Mini Pretzels, 100% Fruit Juice	Ritz Crackers, String Cheese, Chilled Water
AM Snack	5 Cheerios Cereal Bars with Strawberries, Milk	6 Whole Grain Cereal, Fresh Orange Slices, Milk	7 Buttermilk Biscuits with Sugar Free Grape Jelly, Fresh Pineapple Chunks, Milk	8 Fresh Baked Blueberry Muffin, Milk	9 Whole Wheat Toast with Butter, Fresh Apple Slices, Milk
Lunch	Whole Grain Cheese Pizza, Fresh Cucumber Slices with Fat Free Ranch Dressing, Diced Pears, Milk	Cheeseburger Sliders, Baked Tater Tots, Fresh Apple Slices, Milk	Vegetable lasagna, Garlic Toast, Fresh Orange Slices, Milk	Chicken Patty Sandwich on Whole wheat Buns, Steamed Carrots, Fruit Cocktail, Milk	Baked Fish Sticks, Baked Tater Tots, Fresh Orange Slices, Milk
PM Snack	Cheez-its Crackers, 100% Fruit Juice	Nutrigrain Bars with Fruit, 100% Fruit Juice	String Cheese, Saltine Crackers, 100% Fruit Juice	Animal Crackers, 100% Fruit Juice	Whole Grain Gold Fish Crackers, Fresh Bananas, Chilled Water
AM Snack		13 Whole Grain Cereal, Fresh Banana, Milk	14 Whole Wheat Breakfast Pizza with Turkey Sausage, Fresh Orange Slices, Milk	15 Cinnamon Raisin Bagels with Cream Cheese, Milk	16 Whole Wheat Cinnamon Toast, Fresh Orange Slices, Milk
Lunch	Whole Wheat Cheese Pizza, Steamed Corn, Diced Peaches, Milk	Whole Grain Tortellini Tomato Bisque, Fruit Cocktail, Milk	Steamed Rice with Chicken, Steamed Peas and Carrots, Pineapple Tidbits, Milk	Turkey and Cheese Rollup, Diced Carrots, Fresh Bananas, Milk	Soft Tacos with Turkey Meat and Cheese, Fresh Cucumber Slices with Fat Free Ranch, Unsweetened Applesauce, Milk
PM Snack	Honey Graham, 100% Fruit Juice	String Cheese, Fresh Apple Slices, Chilled Water	Soy Butter on Whole Wheat Bread, Fresh Bananas, Chilled Water	Carrot Sticks with Fat Free Ranch Dressing, Saltine Crackers, Chilled Water	Roasted Red Pepper Hummus on Whole Wheat Pita Bread, Chilled Water
AM Snack	19 Nutrigrain Cereal Bars, Milk	20 Whole Grain Cereal, Fresh Orange Slices, Milk	21 Breakfast Burrito on Whole Wheat tortilla, Fresh Apple Slices, Milk	22 Fresh Baked Blueberry Muffin, Fresh Banana, Milk	23 Nutrigrain Breakfast bars, Milk
Lunch	Baked Chicken Nuggets, Baked Potato Wedges, Mandarin Orange, Milk	Turkey Meatballs in Brown Gravy, Mashed Potatoes, Whole Wheat Roll, Diced Peaches, Milk	Chicken and Dumpling, Steamed Broccoli, Diced Pears, Milk	Turkey and Cheese Sandwich on Whole Wheat Bread, Diced Carrots, Fresh Bananas, Milk	Whole Wheat Pepperoni Pizza, Salad with Fat Free Ranch Dressing, Fresh Bananas, Milk
PM Snack	Low Fat Yogurt with Fruit and Granola, Chilled Water	Whole Grain Cheez-its Crackers, 100% Fruit Juice	Mini Pretzels, Fresh Orange Slices, Chilled Water	Whole Grain Gold Fish Crackers, 100% Fruit Juice	Saltine Crackers, String Cheese, Chilled Water
AM Snack	26 Cheese Toast on Whole Wheat Bread, Fresh Pineapple Chunks, Milk	27 Whole Grain Cereal, Fresh Orange Slices, Milk	28 Fresh Baked Banana Muffin, Milk	29 Whole Wheat Breakfast Pizza, Fresh Banana, Milk	30 Yogurt with Granola, Milk
Lunch	Tomato Bisque, Grilled Cheese Sandwich on Whole Wheat Bread, Fresh Orange Slices, Milk	Baked Cheese Ravioli in Marinara Sauce, Fresh Cucumber Slices with Fat Free Ranch Dressing, Fresh Orange Slices, Milk	Chicken Patty Sandwich on Whole Wheat Bread, Fresh Carrot Sticks with Fat Free Ranch Dressing, Pineapple Tidbits, Milk	Cheeseburger Sliders, Potato Wedges, Unsweetened Applesauce, Milk	Vegetable Soup, Saltine Crackers, Mandarin Orange, Milk
PM Snack	Gluten Free Caramel Rice Cakes, 100% Fruit Juice	Nutrigrain Bars with Fruit, 100% Fruit Juice	Honey Graham Crackers, Milk	Roasted Red Pepper Hummus with Whole Wheat Pita Bread, 100% Fruit Juice	Blueberry muffins, Chilled Water

