

# Chesterbrook Academy August Menu



August 2020.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
AM Snack	Nutrigrain Breakfast Bars with Fruit filling, Milk	Turkey Sausage with Buttermilk biscuit, Pineapples, milk	Whole Grain Cereal, Pears, Milk	Whole grain Bread with Cheese, Peaches, Milk	Pancakes with sugar free syrup, Mixed Fruit, Milk
Lunch	Parent Provided	Parent Provided	Parent Provided	Parent Provided	Parent Provided
PM Snack	Chex Mix, 100% juice	Animals Crackers, String Cheese, Chilled Water	Honey Graham Crackers, 100% Fruit Juice	Pretzels, Yogurt, Chilled Water	Cheddar Rice Cakes, 100% Fruit Juice
	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
AM Snack	Blueberry Muffins, Milk	Whole Wheat Raisin Bagels with Cream Cheese, Milk	Breakfast Pizza, Mandarin Oranges, Milk	Buttermilk Biscuits with Sugar Free Jelly, Milk	Potato Cakes, Pineapples, Milk
Lunch	Parent Provided	Parent Provided	Parent Provided	Parent Provided	Parent Provided
PM Snack	Pretzels, 100% Fruit Juice	Ritz Crackers, Cheese Cubes, Chilled Water / Whole Grain Cheez-it Crackers, 100% fruit Juice		Warm Pita Bread, Humus, Chilled Water	Assorted Guppies Crackers, 100% Fruit Juice
	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
AM Snack	Yogurt, Granola, Milk	Nutri Grain Bars with fruit filling, Milk	Turkey Sausage with Buttermilk biscuit, Pineapples, milk	Whole Grain Cereal, Pears, Milk	Whole Grain Bread with Cinnamon, Peaches, Milk
Lunch	Parent Provided	Parent Provided	Parent Provided	Parent Provided	Parent Provided
PM Snack	Chex Mix, 100% juice	Animals Crackers, String Cheese, Chilled Water	Honey Graham Crackers, 100% Fruit Juice	Pretzels, Yogurt, Chilled Water	Cheddar Rice Cakes, 100% Fruit Juice
	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
AM Snack	Pancakes with sugar free syrup, Mixed Fruit, Milk	Blueberry Muffins, Milk	Whole Wheat Raisin Bagels with Cream Cheese, Milk	Breakfast Pizza, Mandarin Oranges, Milk	Buttermilk Biscuits with Sugar Free Jelly, Milk
Lunch	Parent Provided	Parent Provided	Parent Provided	Parent Provided	Parent Provided
PM Snack	Pretzels, 100% Fruit Juice	Ritz Crackers, Cheese Cubes, Chilled Water / Whole Grain Cheez-it Crackers, 100% fruit Juice		Warm Pita Bread, Humus, Chilled Water	Assorted Guppies Crackers, 100% Fruit Juice
	<b>31</b>				
AM Snack	Buttermilk Biscuits with Sugar Free Jelly, Milk				
Lunch	Parent Provided				
PM Snack	Chex Mix, 100% juice				