



December, 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2 Nutrigrain Breakfast Bars with Fruit, Milk	3 Whole Grain Cereal, Fresh Orange Slices, Milk	4 Yogurt with Fruit and Granola, Milk	5 Fresh Baked Oatbran Muffins, Fresh Apple Slices, Milk	6 Baked Potato Pancakes, Fresh Bananas, Milk
Lunch	Baked Spaghetti with Marinara Sauce and Cheese, Steamed Mixed Vegetables, Fresh Pineapple Chunks Milk	Whole Grain Tortellini Tomato Bisque, Mandarin Orange, Milk	Rice with Chicken, Steamed Broccoli, Pineapple Tidbits, Milk	Baked Chicken Nuggets, Baked Potato Wedges, Mandarin Orange, Milk	Whole Wheat Cheese Pizza, Salad with Fat Free Ranch Dressing, Pineapple Tidbits, Milk
PM Snack	Ritz Crackers, Mild Cheddar Cheese Cubes, Chilled Water	Assorted Snacks, 100% Fruit Juice	Chex Mix, Fresh Orange Slices, Chilled Water	Cinnamon Apple Croissants, Chilled Water	Animal Crackers, 100% Fruit Juice
AM Snack	9 Cheesy Grits, Fresh Bananas, Milk	10 Chef's Choice	11 Potato Pancakes, Fresh Pineapple Chunks, Milk	12 Fresh Baked Whole Grain Oat Bran Muffin, Fresh Banana, Milk	13 Whole Wheat Pancakes, with Sugar Free Syrup, Fresh Orange Slices, Milk
Lunch	Grilled Cheese Sandwich on Whole Wheat Bread, Vegetable Soup, Fresh Banana, Milk	Chef's Choice	Chicken and Dumpling, Steamed Peas and Carrots, Diced Pears, Milk	Whole Wheat Cheese Quesadillas, Fresh Carrot Sticks with Fat Free Ranch Dressing, Pineapple Tidbits, Milk	Baked Fish Sticks, Baked Tater Tots, Fresh Banana, Milk
PM Snack	Cinnamon Apple Croissants, 100% Fruit Juice	Chef's Choice	Whole Wheat Pita Bread with Mild Cheddar Cheese Cubes, Chilled Water	Ritz Crackers, Fresh Banana, Chilled Water	Assorted Guppies Crackers, 100% Fruit Juice
AM Snack	16 Nutrigrain Breakfast Bars with Fruit, Milk	17 Whole Grain Cereal, Fresh Banana, Milk	18 Whole Wheat Breakfast Pizza with Turkey Sausage, Fresh Orange Slices, Milk	19 Whole Wheat Bagels with Cream Cheese, Fresh Apple Slices Milk	20 Whole Wheat Cinnamon Toast, Fresh Orange Slices, Milk
Lunch	Whole Wheat Cheese Pizza, Steamed Corn, Diced Peaches, Milk	Tuna Salad Sandwich on Warm Croissants, Fresh Carrot Sticks with Fat Free Ranch Dressing, Diced Pears, Milk	Baked Chicken Nuggets, Baked Potato Wedges, Pineapple Tidbits, Milk	Turkey and Cheese Sandwich, Diced Carrots, Fresh Bananas, Milk	Chicken and Broccoli Alfredo, Unsweetened Applesauce, Milk
PM Snack	Honey Graham, 100% Fruit Juice	String Cheese, Fresh Apple Slices, Chilled Water	Whole Grain Cinnamon Gold Fish Crackers, 100% Fruit Juice	Carrot Sticks with Fat Free Ranch Dressing, Saltine Crackers, Chilled Water	Roasted Red Pepper Hummus on Whole Wheat Pita Bread, Chilled Water
AM Snack	23 Low Fat Yogurt with Granola, Milk	24 Whole Grain Cereal, Fresh Apple Slices, Milk	25 CBA CLOSED	26 Fresh Baked Blueberry Muffin, Fresh Banana, Milk	27 Nutrigrain Breakfast bars, Milk
Lunch	Vegetable Lasagna, Baked Garlic Toast, Milk	Turkey and Cheese Sandwich on Whole Wheat Bread, Carrot Sticks with Fat Free Ranch Dressing, Diced Peaches, Milk	CBA CLOSED	Baked Macaroni and Cheese, Steamed Mixed Vegetables, Fruit Cocktail, Milk	Whole Wheat Pepperoni Pizza, Salad with Fat Free Ranch Dressing, Fresh Bananas, Milk
PM Snack	Giant Graham Fish Crackers, 100% Fruit Juice	CBA CLOSED EARLY	CBA CLOSED	Whole Grain Gold Fish Crackers, 100% Fruit Juice	Saltine Crackers, String Cheese, Chilled Water
AM Snack	30 Whole Grain Cereal, Fresh Orange Slices, Milk	31 Chefs Choice	.	.	.
Lunch	Meatballs in Brown Gravy, Mashed Potatoes, Whole Wheat Roll, Diced Peaches, Milk	Chefs Choice	.	.	.
PM Snack	Whole Grain Cheez-its Crackers, 100% Fruit Juice	Chefs Choice	.	.	.

