

Menu for Week of: January 11th – 15th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. SNACK	Nutri-Grain Bars 1% Milk	Turkey Bacon Toast 1% Milk	Blueberry Muffin 1% Milk	Whole Grain Cereal 1% Milk	Pancakes with Sugar Free Syrup 1% Milk
LUNCH	Meatballs with Gravy Mashed Potato Diced Pears 1% Milk	Beef Taco's on Wheat Tortilla Shredded Cheese/Lettuce Diced Peaches 1% Milk	Chicken and Dumplings Steamed Green Beans Diced Pineapples 1% Milk	Baked Corn Dogs Steamed Broccoli Mandarin Oranges 1% Milk	Macaroni and Cheese Mixed Vegetables Diced Apples 1% Milk
Vegetarian	Sunbutter and Jelly Sandwich	Cheese Quesdaila	Vegetable Nugget	Corn Nugget	Butter Noodles
P.M. SNACK	Cheese Cubes Assorted Crackers Chilled Water	Hummus Pita Bread Triangles Chilled Water	Fresh Strawberry Whipped Fruit Dip Graham Crackers Chilled Water	Goldfish 100% Juice	Trail Mix Chilled Water

*** All Fruit Juice is 100% Fruit Juice

*** Whole 1% MILK is served to Children 2 and under

All food served is precooked in order to meet sanitation guidelines