



# November Menu 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	Oatmeal Bars <b>1</b>	Cereal and Milk <b>2</b>	Yogurt <b>3</b>	Muffins <b>4</b>	Bagels <b>5</b>
<b>Lunch</b>	SunButter and Jelly Sandwiches, Fruit, Pretzels and Milk	Chicken Patty, French Fries, Oranges and Milk	Ravioletties with Tomato Sauce, Green Beans, Pears and Milk	Salisbury Steak, Peas, Pineapples and Milk	Pierogis, Broccoli, Peaches and Milk
<b>PM Snack</b>	Cookies	Goldfish Crackers	Waffle Grahams	Cheese and Crackers	Chocolate Bear Grahams
<b>AM Snack</b>	Cereal and Milk <b>8</b>	Oatmeal Bars <b>9</b>	Cereal and Milk <b>10</b>		Bananas <b>12</b>
<b>Lunch</b>	French Toast Sticks, Turkey, Sausage, Peaches and Milk	Mac & Cheese, Broccoli, Pineapples, and Milk	Hamburger on Whole Grain Bun, Baked Beans, Pears and Milk	Closed for Inservice Day	Grilled Chicken Patty, Carrots, Applesauce, and Milk
<b>PM Snack</b>	Caramel Rice Cakes	Pudding	Pretzels		Graham Crackers
<b>AM Snack</b>	Yogurt <b>15</b>	Cereal and Milk <b>16</b>	Oatmeal Bars <b>17</b>	Whole Grain Muffins <b>18</b>	Fresh Fruit <b>19</b>
<b>Lunch</b>	Fish Bites, Carrots, Oranges and Milk	Pizza Stix, Salad, Mixed Fruit and Milk	Diced Turkey and Rice Pilaf, Pears, and Milk	Bowtie Pasta, Broccoli, Peaches and Milk	Grilled Cheese Sandwiches, Tomato Soup, Fruit, and Milk
<b>PM Snack</b>	Scooby Graham Crackers	Pretzels	Graham Crackers and Milk	Cheese Crackers	Goldfish
<b>AM Snack</b>	Cereal and Milk <b>22</b>	Fruit Cup <b>23</b>	Muffins <b>24</b>		Oatmeal Bars <b>26</b>
<b>Lunch</b>	Cheese Omelets, Hash Browns, Peaches, and Milk	Chicken and Cheese Quesadillas, Peas, Pineapples, and Milk	Meatloaf, Diced Potatoes, Oranges and Milk		SunButter and Jelly Sandwiches, Apple Slices, Cheez-its, and Milk
<b>PM Snack</b>	Bear Grahams	String Cheese	Vanilla Waffers		Trail Mix