



# March Menu 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		Yogurt with blueberries 1	Pancakes w/ banana 2	Cereal with milk 3	English Muffin w/ jelly 4
Lunch		Chicken Quesadillas WG Tortilla, Chicken, Shredded Cheese, Corn, Oranges	Szechuan Chicken Stir Fry Veggies Mixed Fruit	WG Personal Pizza WG Bun, corn, banana	Double stuffed cheese sandwich WG Bread, Sliced Cucumbers, Apple Slices WG Roll, Peas Pears
PM Snack		WG Goldfish	Cheese and Crackers	carrots, crackers, humus	Waffle Grahams
AM Snack	Cereal with milk 7	Banana Muffin 8	cereal bar w/ oranges 9	Bagel w/ Sun Butter 10	French Toast Sticks 11
Lunch	Black Bean & Cheddar quesadillas WG Tortilla, Roast Corn, Apple Slices	Swedish meatballs, WG Bun, Oranges, mixed vegetables	BBQ Chicken, Macaroni & Cheese, Whipped Potatoes, Mixed Fruit	Popcorn chicken, WG Bun, Corn, Bananas	WG Fish Filet' WG Bread, Corn, Pears
PM Snack	Animal Crackers	Cucumbers, crackers, humus	WG Goldfish	Pears	String Cheese w/ Crackers
AM Snack	Cereal with milk 14	Yogurt with mixed berries 15	Pancakes/ banana 16	English Muffin w/ Jelly 17	Cereal Bar w/ pears 18
Lunch	Baked Mac & Cheese, Green beans, apple slices WG Bread, Baby Carrots, Apple Slices	Cheeseburger Sliders 2 oz Beef Burger, American Cheese, WG Bun, Cauliflower, Mixed Fruit	Beef & Bean Chili, Rice, Corn Mixed fruit Fried Rice, Stir Fry Veggies, Mixed Fruit	Turkey Ham, Potatoes & Cabbage, WG Roll, Bananas WG Bread, Mixed Vegetables, Banana	Grilled Cheese, WG Brad, Tomato Soup, Apple Slices WG Pullman Bread, Corn, Pears
PM Snack	WG Goldfish with humus	carrots, crackers, humus	Cucumbers, cheese, ranch	Peaches	Waffle Grahams
AM Snack	Cereal w/ milk 21	Apple Slices w/ Cereal Bar 22	Bagel w/ Sun Butter 23	Banana Muffins 24	Cereal Bar w/pears 25
Lunch	Cheddar Omelet WG English Muffin, Roasted Potatoes, Apple Slices	Turkey Corn Dog Nuggets Oranges, Mixed Vegetables	Roast Turkey, WG Stuffing, Whipped Potatoes, Bananas	Chicken Nuggets, WG Bread, Corn, Oranges	WG Pollock Nuggets, carrots, Peaches
PM Snack	Animal crackers	Cheese, Cucumbers, ranch	Teddy Grahams	Carrots, crackers, humus	WG Goldfish
AM Snack	Cereal w/milk 28	Yogurt w/ berries 29	English Muffin W/ Jelly 30	French Toast Sticks 31	
Lunch	Red Bean & Rice Burrito Bowl, Roasted Corn & Tomatoes, Apples slices	Chicken Noodle Casserole, Peas, peaches	Beef Sloppy Joes, WG Bun, Peas, Mixed Fruit	WG Personal Pizza, corn, bananas	
PM Snack	Animal Crackers	Cheese w/ crackers	Waffle Grahams	Carrots, crackers, humus	

\* Menu is subject to change. Milk is served with AM Snack and Lunch. Water is served with PM Snack.

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