# July 2017 Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| AM Snack | 3<br>Muffins | 4 | 5<br>Yogurt | 6<br>Cereal and Milk | 7 |
| Lunch | Meatloaf, Diced Potatoes, Green Beans and Milk | CLOSED! | Ravioletti , Green Beans, Applesauce and Milk | Chicken Nuggets, Apple Slices, Carrots and Milk | Chef's Choice |
| PM Snack | Snacker Crackers | Happy Fourth of July! | Whole Grain Pretzel Fish | Yogurt | |
| AM Snack | 10<br>Oatmeal Bars | 11<br>Cereal and Milk | 12<br>String Cheese and Milk | 13<br>Bagel and Cream Cheese | 14<br>Cereal |
| Lunch | Pierogies, Corn, Pears and Milk | Pizza, Carrot , Applesauce and Milk | Grilled Chicken Patty, Diced Potatoes, Corn and Milk | Cheese Sandwich on Whole Grain Bread, Oranges, Tater Tots and Milk | Hamburger on Whole Grain Bun, Peaches, Green Beans and Milk |
| PM Snack | Carrot Sticks with Ranch and Milk | Whole Grain Goldfish Crackers | Graham Crackers with Sunbutter | Mini Rice Cakes | Trail Mix |
| AM Snack | 17<br>Cereal and Milk | 18<br>Muffins | 19<br>Oatmeal Bars | 20<br>Cereal and Milk | 21 |
| Lunch | Whole Grain Chicken Nuggets, Green Beans, Peaches and Milk | Pierogies, Peas, Tropical Fruit and Milk | Diced Turkey, Rice Pilaf, Mixed Veggies and Milk | Sunflower Butter and Jelly on Whole Grain Bread, Apples, Yogurt and Milk | Chef's Choice |
| PM Snack | Pita and Hummus | Pretzels | String Cheese | Pita and Hummus | |
| AM Snack | 24<br>Oatmeal Bars | 25<br>Cereal and Milk | 26<br>Yogurt | 27<br>Cereal and Milk | 28<br>Waffels and Milk |
| Lunch | Turkey Dogs on Whole Grain Roll, Carrots, Applesauce and Milk | Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Pears and Milk | Bow Tie Pasta with Parmesan Cheese, Corn, Peaches and Milk | Cheese Sandwich, Mixed Fruit, Tater Tots and Milk | Fish Sticks, Peas , Pineapple and Milk |
| PM Snack | Yogurt and Raisins | Trail Mix | Waffle Grahams | Carrot Sticks with Ranch Dressing | Wheat Crackers and Cheese |