



December 2017 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	27 Yogurt and Raisins	28 Cereal and Milk	29 Oatmeal Bars	30 Cereal and Milk	1 Whole Grain Waffles
Lunch	Hamburger on Whole Grain Roll, Corn, Pineapple and Milk	Fish Sticks, Green Beans, Applesauce and Milk	Chicken Parm, Salad with Ranch Dressing, Pears and Milk	Pierogies, Broccoli, Peaches and Milk	Cheese Quesadilla, Peas, Oranges and Milk
PM Snack	Townhouse Crackers and Sunbutter	Whole Grain Goldfish Crackers	Wheat Crackers and Cheese	Bananas and Milk	Trail Mix
AM Snack	4 Muffins and Milk	5 Cereal and Milk	6 Oatmeal Bars and Milk	7 Whole Grain Bagel with Cream Cheese	8 Chef's Choice
Lunch	Grilled Chicken Patty, Potatoes, Mixed Veggies and Milk	Ravioletti in Tomato Sauce, Salad with Ranch Dressing, Peaches, Milk	Sweet and Sour Chicken, Rice, Mandarin Oranges and Milk	Turkey Sloppy Joes on Whole Grain Roll, Green Beans, Orange Slices, Milk	
PM Snack	Trail Mix and Milk	Tortilla Chips and Salsa	Yogurt and Raisins	Wheat Thins and String Cheese	
AM Snack	11 Cinnamon Toast and Milk	12 Oatmeal Bars and Milk	13 Cereal and Milk	14 Whole Grain Waffles with Apple Butter	15 Cereal and Milk
Lunch	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit, Milk	Tacos, Oven Browned Diced Potatoes, Oranges, Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce, Milk	Mac & Cheese, Green Beans, Peaches, Milk	Pizza, Applesauce, Carrots, Milk
PM Snack	Whole Wheat Pita Bread and Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices and Milk	Bananas and Milk
AM Snack	18 Cereal with Milk	19 Muffins and Milk	20 English Muffins with Sunflower Butter	21 Cereal and Milk	22 Oatmeal Bars and Milk
Lunch	Meatloaf with Brown Gravy, Rice, Peas, Milk	Turkey and Cheese Wrap on Whole Wheat Tortilla, Fruit, Yogurt, Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears, Milk	Fish Sticks, Mixed Veggies, Diced Potatoes	Ham and Cheese Roll Ups on Whole Wheat Tortillas, Apple Slices, Corn and Milk
PM Snack	Carrot Sticks with Ranch Dressing and String Cheese	Sunflower Butter and Crackers	Pretzel Fish and Applesauce	Waffle Grahams	Pretzel Goldfish and Milk
AM Snack	25 Yogurt and Raisins	26 Yogurt and Raisins	27 Cereal and Milk	28 Apple Slices	29 Cereal and Milk
Lunch	 MERRY CHRISTMAS	Chicken Nuggets, Broccoli, Pineapple, Milk	Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges, Milk	Chicken Parmesan, Salad with Ranch Dressing, Peaches, Milk	Ham Slice, Potatoes, Peas and Milk
PM Snack	Apple Slices and Milk	Apple Slices and Milk	Graham Crackers and Milk	Trail Mix and Milk	Pudding

