

November 2017 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
AM Snack			Cereal and Milk	Oatmeal Bars	Muffins
			Turkey Sloppy Joes, Tater Tots,	Ravioletti with Tomato Sauce,	Soy Butter and Jelly on Whole
Lunch			Peaches and Milk	Salad with Italian Dressing,	Grain Bread, Bananas, Yogurt
				Pineapple and Milk	and Milk
PM Snack			Pita and Hummus	Graham Crackers	Caramel Rice Cakes
	6	/	8	9	10
AM Snack	Cereal and Milk Ham and Cheese Wrap on Whole		Oatmeal Bars	Cereal and Milk	
Lunch	Grain Tortilla, Apples, Carrots	CLOSED for IN-SERVICE DAY	Meatloaf, Potatoes, Peas and	Pizza, Green Beans, Pears and	Chef's Choice
Lunch	and Milk		Milk	Milk	
PM Snack	Whole Grain Goldfish Crackers		Applesauce and Pretzels	Yogurt and Raisins	
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	13	14	15		
AM Snack	Oatmeal Bars	Cereal and Milk	French Toast	Bananas and Milk	Cereal and Milk
Lunch	Chicken Nuggets, Peas, Apples	Turkey Tacos, Diced Potatoes,	Grilled Cheese on Whole Grain Bread, Tomato Soup, Pineapple	Tortellini with Tomato Sauce,	Ham slice, potatoes, Mixed Fruit
Lunch	and Milk	Pears and Milk	and Milk	Carrots, Peaches and Milk	and Milk
PM Snack	Cheese and Crackers	Trail Mix	Yogurt and Graham Crackers	Apples and Milk	Tortilla Chips and Salsa
	20	21	22	23	24
AM Snack	Cereal and Milk	English Muffins and Sunflower	Cereal and Milk	Hanny Thanksgiving	
		Butter		Happy Thanksgiving!	
	Pasta with Tomato Sauce, Salad		Turkey Dogs on Whole Grain Roll,		
Lunch	with Italian Dressing, Peaches and Milk	Turkey, Potatoes, Corn and Milk	Sweet Potato Puffs, Pears and Milk	Closed	Chef's Choice
PM Snack	Spikers Ranch Crackers	Waffle Grahams	Carrot Sticks and Ranch Dressing		
	27	28	29	30	1
AM Snack	Yogurt and Raisins	Cereal and Milk	Oatmeal Bars	Cereal and Milk	Whole Grain Waffles
	Hamburger on Whole Grain Roll,	Fish Sticks, Green Beans,	Chicken Parm, Salad with Ranch	Pierogies, Broccoli, Peaches and	Cheese Quesadilla, Peas,
Lunch	•	Applesauce and Milk	Dressing, Pears and Milk	Milk	Oranges and Milk
	Townhouse Crackers and				-
PM Snack	Sunbutter	Whole Grain Goldfish Crackers	Wheat Cracker and Cheese	Bananas and Milk	Trail Mix and Milk