*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



November 2017



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
AM Snack				Banana	Cereal
Lunch			Chef's Choice	Meatloaf, Mashed Potatoes, Corn	Turkey & Cheese on Wheat, cucumber & dip, melon
PM Snack				Graham Crackers	Goldfish
	6	7	8	9	10
AM Snack	Sun butter & Crackers	Cinnamon Toast		Applesauce	No School/Professional Development Day
Lunch	Au gratin Potatoes & Ham, Peas, Pineapple	Cheese and Broccoli Pasta	Chef's Choice	Hamburger Sliders, Salad, Baked Fries	
PM Snack	Pretzels	Granola Bar		Melon	
	13	14	15	16	17
AM Snack	Cereal	Oatmeal Bar		Yogurt	Banana
Lunch	Red beans & Rice, Carrots, Melon	Chicken, Cheese Quesadilla, Peppers & Hummus, Pineapple		Thanksgiving Lunch : Turkey, Mashed potatoes, Stuffing, Vegetable, Roll, Cranberry Sauce	Spaghetti & Meatballs, Salad, Green Beans
PM Snack	Chips & Salsa	Applesauce		Grapes & Cheese	Pineapple
	20	21	22	23	24
AM Snack	Cinnamon Toast	Cereal		Thanksgiving/No School	Oranges
Lunch	BBQ Chicken Sliders, Salad, Melon	Perogies, Peppers & Dip, Pears	Chef's Choice		Grilled Cheese and Soup, Apple Slices
PM Snack	Fig Newton	Corn Chips & Salsa			Graham Crackers
	27	28	29	30	
AM Snack	Bagel & Cream Cheese	Yogurt		Oatmeal Bar	
Lunch	Hot Dogs, Baked Fries, Vegetarian Baked Beans	Waffle Sticks, Turkey Bacon, Oranges	Chef's Choice	Pizza, Salad, Pears	
PM Snack	Cucumbers & Dip	Crackers & Cheese		Peppers & Hummus	