September 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	4	5 Cereal and Milk	6 Oatmeal Bars and Milk	7 Whole Grain Bagel with Sunflower Butter	8 Fruit and Milk
Lunch	SCHOOL CLOSED	Mac & Cheese, Peas, Pears and Milk	Chicken Quesadilla, Green Beans, Pineapple and Milk	Turkey Sloppy joe on Whole Grain Roll, Corn, Orange Slices and Milk	Pizza, Applesauce, Carrots and Milk
PM Snack		Pretzel Fish	Yogurt and Raisins	Grapes and Wheat Thins	Grandparent's Day Special Treat
AM Snack	11 Cereal and Milk	12 Oatmeal Bars and Milk	13 Cereal and Milk	14 Whole Grain Waffles with Apple Butter	15 Chef's Choice
Lunch	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit and Milk	Tacos, Yellow Rice, Oranges and Milk	Tuna Wrap, Yogurt, Applesauce and Milk	Pierogies, Green Beans, Peaches and Milk	Egg Patty, Hashbrown, Fruit and Milk
PM Snack	Apple Slices with Sunflower Butter and Milk	Yogurt and Raisins	Pita and Hummus	Cheese and Crackers	Chef's Choice
AM Snack	18 Cereal and Milk	19 Muffins and Milk	20 English Muffins with Apple Butter	21 Cereal and Milk	22 Bananas and Milk
Lunch	Meatloaf with Brown Gravy, Rice, Peas and Milk	Turkey and Cheese Wrap, Grapes, Yogurt and Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears and Milk	Ham Slice, Cauliflower with Cheese Sauce,Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Diced Potatoes and Milk
PM Snack	Carrot Sticks with Ranch Dressing	Waffle Grahams	Pretzel Fish and Applesauce	Sunflower Butter and Crackers	Wheat Thins and String Cheese
AM Snack	25 Oatmeal Bars and Milk	26 Yogurt and Raisins	27 Cereal and Milk	28 Egg Patty	29 Chef's Choice
Lunch	Ham and Cheese on Whole Grain Bread, Apple Slices, Corn and Milk	Chicken Nuggets, Broccoli, Pineapple and Milk	Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges and Milk	Chicken Parmesan, Salad wih Ranch Dressing, Peaches and Milk	Ranch (Cheese) Tortellini Salad w/Broccoli, Fruit and Milk
PM Snack	Goldfish Crackers and Milk	Apple Slices and Milk	Grapes and Wheat Thins	Trail Mix and Milk	Chef's Choice

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