September 2017 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
Breakfast		Waffles	Cereal & milk	Cereal bars	Cereal & milk
AM Snack		Bananas, soy butter & raisins	Fruit bars	Vanilla yogurt & fruit	Bananas, graham crackers & soy butter
Lunch	Closed for the Holiday	Cheese pizza, carrot sticks, orange slices, milk	Turkey on a Hawaiian roll, carrot sticks, fruit, milk (VO-black beans)	Chicken nuggets, cucumber slices, fruit, milk (VO-faux chicken nuggets)	Grilled ham & cheese, corn, apple slices, milk (VO-grilled cheese)
PM Snack		Cucumber slices & dip, bread sticks	Trail mix & apple juice	Grapes & cheese cubes	Chef's choice
	11	12	13	14	15
Breakfast	Bagels & cream cheese	Cereal & milk	Waffles	Cereal & milk	Bagels & jelly
AM Snack	Toast & jelly	Graham crackers & cream cheese	Apple Cinnamon Cereal bars	English muffins & soy butter	Vanilla yogurt with pineapple
Lunch	Chicken patty on whole wheat buns, peas & carrots, fruit, milk (VO-soy patty)	Chef's choice	Ham & cheese wraps, cucumber slices, apple slices, milk (VO-cheese wraps)	Seasoned diced chicken w/rice, mixed vegetables, peaches, milk (VO-beans)	Soy butter & jelly sandwiches, carrot sticks, orange slices, milk
PM Snack	Pretzels & hummus	Pretzels & hummus	Wheat crackers & orange slices	Grapes & animal crackers	Chef's choice
	18	19	20	21	22
Breakfast	Cereal & milk	Bagels & jelly	Cereal & milk	Graham crackers & cream cheese	Waffles
AM Snack	Apple slices & soy butter	Vanilla yogurt & graham crackers	Cereal bars & milk	Biscuits & jelly	Applesauce & animal crackers
Lunch	Meatballs & rice, peas & carrots, fruit, milk (VO-soy crumbles)	Turkey roll ups, cucumber slices, fruit, milk (VO-soy butter & jelly)	Macaroni & cheese with diced ham, broccoli, fruit, milk (VO-cheese)	Seasoned chicken & noodles, mixed vegetables, fruit, milk (VO-soy butter & jelly)	Mini turkey corn dogs, sweet potato tots, carrot sticks, apple slices, milk (VO-faux chicken nuggets)
PM Snack	Ritz crackers, with cream cheese	Pretzels & hummus	Cheeze its & juice	Bananas, saltines & soy butter	Goldfish
	25	26	27	28	29
Breakfast	Cereal & milk	Bagels & jelly	Cereal & milk	Graham crackers & cream cheese	Waffles
AM Snack	Cinnamon English muffins	Oatmeal w/brown sugar	Breakfast cereal bars	Chef's choice	Bananas, graham crackers & soy butter
Lunch	Chicken & cheese quesadillas, peas & carrots, pears, milk (VO-cheese)	Soy butter & jelly sandwiches, green beans, peaches, milk	Ham on a Hawaiian roll, carrot sticks, orange slices, milk (V)-	Meatballs on a wheat pita, corn, applesauce, milk(VO-faux chicken patty)	Cream cheese & veggie wrap, cucumber slices, apple slices, milk
PM Snack	Pretzels & soy butter	Ritz crackers & jelly	Pita chips & hummus	String cheese & grapes	Carrot sticks & ranch dip
Breakfast					
AM Snack					
Lunch					
PM Snack					