*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| 1 AM: Yogurt <br> Lunch: Fish Strips, Rice Pilaf, Veggies \& Dip PM: Cheese and Grapes | 2 AM: Fresh Apple Slices Lunch: French Toast Sticks, Turkey Sausage, Fresh Melon PM: Cucumbers \& Dip | 3 <br> Chef's <br> Choice | 4 AM: Graham Crackers Lunch: Sun Butter and Jelly on Wheat, Pretzels, Fresh Orange Slices PM: Banana | 5 AM: Mini Pancakes <br> Lunch: Chicken \& Cheese <br> Quesadillas, Veggies \& Dip, <br> Fresh Pineapple <br> PM: Grahams Crackers |
| 8 AM: Applesauce Lunch: Turkey Hot Dog, Baked Fries, Fresh Melon PM: Fresh Pineapple | 9 AM: Fresh Orange Slices <br> Lunch: Yellow Rice and Beans, Fresh Melon, Veggies \& Dip <br> PM: Carrots \& Hummus | 10 <br> Chef's <br> Choice | 11 AM: Cereal \& ½ Banana Lunch: Beef Sliders w/Cheese, Pickles, Sweet Potato Fries, Fresh Melon PM: Fresh Orange Slices | 12 AM: Apple Cinnamon Muffin <br> Lunch: Garden Veggie Pasta Salad, Sliced Turkey Rolls, Fresh Pineapple PM: Pretzels |
| 15 AM: Peaches <br> Lunch: Chicken Giggle Patty, Fresh Steamed Broccoli, Applesauce PM: Vanilla Wafers | 16 AM: Fresh Melon <br> Lunch: Pasta w/red sauce, Garden Salad, Fresh Apple Slices <br> PM: Animal Crackers | 17 <br> Chef's <br> Choice | 18 AM: Animal Crackers Lunch: Meatloaf, Mashed Potatoes, Carrots and Dip PM: Fresh Melon | 19 AM: Cereal \& Milk <br> Lunch: MYO Pizza, Veggies <br> \& Dip, Pineapple <br> PM: Applesauce |
| 22 AM: Mango <br> Lunch: Turkey \& Cheese on Wheat, Cucumbers \& Dip, Fresh Pineapple PM: Fig Newton | 23 AM: Fresh Apple Slices Lunch: Mini Pancakes, Turkey Sausage, Fresh Orange Slices PM: Carrots \& Hummus | $24$ <br> Chef's <br> Choice | 25 AM: Granola Bar <br> Lunch: Meatball Subs, String <br> Cheese, Mixed Veggies, <br> Mango <br> PM: Banana, Grahams \& Sun Butter | 26 AM: English Muffin w/ <br> Apple Butter <br> Lunch: Chicken and Broccoli <br> Alfredo, Fresh Melon, Carrots \& Dip <br> PM: Pretzels |
| 29 AM: Yogurt <br> Lunch: Chicken Fries, Cucumbers and Dip, Fresh Pineapple. <br> PM: Vanilla Wafers | 30 AM: Fresh Melon <br> Lunch: Waffles, Turkey <br> Sausage, Fresh Orange Slices <br> PM: Grapes | 31 <br> Chef's <br> Choice | 1 AM: Orange Dream Muffin Lunch: Turkey Hot Dog, Sweet Potato Fries, Cucumbers \& Dip PM: Cheese \& Grapes | 2 AM: Cereal Bar <br> Lunch: Chicken \& Garden <br> Veggie Pasta Salad, Fresh <br> Melon <br> PM: Fig Newton |
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