

Thankful! That is what we are here at Chesterbrook Academy and this is the month to show it. We are thankful for all our children, families and teachers who make our school so special. This month, the children will be learning about "Fall Harvest," the following themes will be: Fall Leaves, Harvest Time, Pilgrims and Native Americans, and What I am Thankful For?

Scholastic Book Fair Follow-Up

The Scholastic Book Fair was a HUGE success! Thank you so much for participating in our fundraiser. We also want to give a special thanks to all the families who supported our classrooms and bought books from their wish lists.

We sold over \$1600 this year! In addition, we earned over \$800 in new books for our school! Reading is one of the most powerful educational tools that we can give our children. We really appreciate the donations and support! Again, thank you so much!

Fall Festival

Fall Festival is on **Saturday November 4th from 10am-1pm!** Every year our school has a wonderful time, we are having a **Petting Zoo and Pony Rides**, Trunk or Treat, Face Painting, Sensory & Art activities,, Photo booth, food and more. **Our** Trunk or Treat families who will be decorating their trunks, will have the front spaces *reserved* for your cars to pull forward. **DO NOT BACK IN THE SPACES!** We anticipate many families so there is additional parking across the street. Please be careful when crossing the road! Please remember to have age appropriate treats and also nut free. Thank you in advance for your participation.

NOVEMBER

November 1-November 3rd

Donate Candy Operation Gratitude- Bring in your unwanted candy

November 3rd

CBA Kids Campus (Field Trip PreK2)

November 3rd

Fairfax County Public Schools: released two hours early

November 4th

Annual Fall Festival & Open House- Saturday 10-1

November 5th

Daylight Saving's Time

November 6th

Food Drive starts

November 6th- 7th

Fairfax County Public Schools Closed

November 7th

Election Day

November 10th

CBA CLOSED- Veteran's Day
(Teacher Development Day)

November 11th

Veteran's Day

November 17th

Thanksgiving Luncheon

November 17th

Food Drive Ends

November 22nd

Fairfax County Public Schools: released two hours early

November 23rd

Fairfax County Public Schools Closed &
Chesterbrook Academy

November 24th

Fairfax County Public Schools Closed &
Chesterbrook Academy Limited Hours (TBD)

November 29th

Progress Reports



Coming up...

Thanksgiving Sign-ups

It is hard to believe that we are only weeks away from the holidays! With that being said, we wanted to get a head start on schedules so that we can staff accordingly. We have posted a schedule for the week of Thanksgiving on each classroom door. Please find your child's name and mark the days and times that they will be here for the week of Thanksgiving. We would like this count by Monday November 13th. Also, please note that we will be **CLOSED Thursday, November 23rd** for Thanksgiving, and we will have **LIMITED STAFFING & Hours** the day after on **Friday, November 24th**. If you have any questions or concerns, please feel free to contact Ms. Sally or Ms. Kirby and we will be happy to help!

Thanksgiving Luncheon

Please join us on Friday November 17, 2017 for our Thanksgiving Luncheon. Parents are invited to join the classroom from 11:30am-12:30pm for a parent watch day and stay to join their child's classroom for lunch at 12:00pm.

What's on the Menu:

Turkey
Mashed Potatoes & Gravy
Green Beans
Corn Bread
Cranberry

**Please RSVP by email:

Sally.Durant@nlcinc.com

Kirby.Lemon@nlcinc.com



Capital Area Food Bank - Canned Food Drive

Our local Chesterbrook Academy's are coming together to collect canned food for charity. It is extremely important that we teach our younger generation the importance of helping the less fortunate. If you are looking to donate this season, this is the perfect opportunity to give to a good cause. Please check out the website provided to learn more about this wonderful organization:

<https://www.capitalareafoodbank.org/>



Get Involved Donate



We will have a donation box at the front lobby from Nov. 6th to Nov. 17th.
Thank you for your generosity in advance!

PROGRESS REPORTS:

Progress reports will be distributed November 29th. If you would like to set up a conference with your child's teacher, please email Ms. Sally or Ms.

Kirby at

Sally.Durant@nlcinc.com or

Kirby.Lemon@nlcinc.com

For parents who are receiving progress reports for the first time, please let us know if there is anything you have questions on. Doing this prior to receiving the report may help eliminate any confusion.

Important Reminders...

Illness Policy Review:

We all know that this is the season for illnesses, so I wanted to take the time to review our policy. We ask parents to keep children home if they or their children have any fever (over 100 degrees Fahrenheit or 37.8 degrees Celsius), diarrhea and/or vomiting. All children will be required to stay at home until they are symptom free for at least 24 hours. This should be determined without the use of fever- or pain-reducing medications (any medicine that contains ibuprofen or acetaminophen). Also, children must be seen by a doctor if they have any eye discharge or unknown rash and will only be allowed to return with a doctor's note. The best prevention that we have to keep our children healthy begins at home. If your child is not well, or you feel something may be wrong always call your doctor right away. And remember, when you do visit the doctors, please bring us a signed note with the date to return and the diagnosis. In addition, please call in to the school when your child is going to absent, we really appreciate the call and being able to inform other families of any exposure to illnesses.

ACH and Tuition Payments:

A friendly reminder that tuition payment is due by Monday mornings of each week and is considered late close of business Monday evening. A \$25 dollar late fee will be applied if payment is late. Is writing checks a drag? Sign-up for our Automatic Payment (ACH) today! Forms are available at the front desk! Please let us know if you have questions on this.

Parent Referral Program:

Refer a family and after 90 days of enrollment, receive a free week of tuition just for spreading the word! Thank you to all the families who have already referred families to us!

Late Pick Up:

We do have a late pick up policy that is stated on your fee schedule. Our hours of operation are 630am-630pm, if your child is picked up after that time, you must pay the late pickup fee.

Weather Changes:

As we head into fall please make sure you have spare clothes that are weather appropriate, including a jacket and extra socks!

Holiday Vacations & Schedule Changes

A friendly reminder with the holiday's coning up, you will need to submit any Vacation Requests 2 weeks before the vacation. Once you are enrolled for 6 months you are able to request a vacation week and will not be billed out that week.

Any children who need a schedule change or accommodations with days coming up, please submit your request to management ASAP. To get an approval on a schedule change or withdraw you must have a 4 week notice prior to your last day. Please let us know if you have any questions.

Ancillary Follow-up

Ancillary programs are in full swing, if you would like to register your child for Stretch & Grow or Dance class please ask the front office.

Karate Kyle last class will be It will start up again on . If your child would like to join Karate Kyle please fill out a form at the front desk.

Soccer Shots – The fall season has come to an end. The Winter season will start on January 8th. New flyers for the upcoming season will be coming out late December. Please keep an eye out.



2017 Operation Gratitude Candy Collection



Please give **Chesterbrook Academy Kids Campus in Chantilly, Virginia** a helping candy-filled hand, as we help support **OPERATION GRATITUDE**, a nonprofit, volunteer-based group that sends care packages to troops overseas.

WHAT WE NEED: Unwanted or left over candy which will then be sorted by our students at the Chantilly Chesterbrook Academy Kids Campus.

PURPOSE: Send care packages to our Military troops

WHEN: 1st - 3rd of November 2017

This is a sweet way for our students to show their appreciation of those serving our country and a great way to get a clean bill of health at your child's next dental visit!



DIY Gratitude Journal for Preschoolers

October, 2017

Topics: [Creative Expression](#), [Language & Literacy](#), [Social Emotional](#)

Thanksgiving is right around the corner, and our preschoolers are getting into the holiday spirit by reading books, engaging in group discussions, and creating beautiful artwork centered around the theme of gratitude. Cultivating gratitude has been shown to help increase children's happiness and self-esteem, while also improving their relationships with others.

Continue the learning at home by creating a gratitude journal with your child. Journaling is a great way for him to express himself creatively, self reflect, practice fine motor skills, and develop an appreciation for the people and things in his life. Below are some tips for getting started.

1. Create the journal

Go shopping with your child and purchase a blank notebook or three-ring binder. Encourage him to decorate a cover for the journal using markers, crayons, stickers or photographs. Allow his creativity to run wild. On each blank page of the notebook, write "I am grateful for" at the top and leave a place for the date. If you're using a binder, you can download copies of our free [printable](#) to insert inside.

2. Integrate journaling into your child's routine

Determine the best 5-10 minutes each day for your family to sit down and journal without interruptions. Have your child draw, write or describe to you items that he is grateful for. Consistency is key for developing a habit, so try to follow the same sequence of events each day (i.e. dinner time, journal time, bath time, bed time).

3. Give prompts if needed

Expressing gratitude might not come easily at first for your child and that's okay. Prompt him by asking questions, such as "Who is a family member or friend you are grateful for and why?", "What is one thing you enjoyed doing today?" or "What is one of your favorite toys?" Ask him to draw a picture and if age appropriate, write a few words describing the drawing. Model positive behavior by sharing your own moment of gratitude for the day.

4. Set small goals

Set a short term goal with your child, such as journaling each day in November. At the end of the month, remind him of the fun he had by reviewing the entries with him. You might be surprised to learn that he wants to continue using his gratitude journal! If so, brainstorm a new goal with him and create a new journal if necessary.

