



# November 2017



| Sun | Mon  | Tue  | Wed   | Thu   | Fri  | Sat |
|-----|--|--|---|---|--|-----|
|     |  |  | 1 AM- Cereal/Milk<br>Ravioli/Sauce/Green Beans/<br>Peaches<br>PM- Rice Cakes/String<br>Cheese | 2 AM- Yogurt/Fruit<br>Grilled Chicken Patty/<br>Potatoes/Broccoli<br>PM- String Cheese/Wheat<br>Thins   | 3 AM- Egg Patty/Milk<br>Tuna Sandwiches/Carrots/<br>Tropical Fruit<br>PM- Fig Newton/Milk    | 4   |
| 5   | 6 AM- Pancakes/Syrup/Milk<br>Meatloaf/Asparagus/Apples<br>PM- Pita/Hummus/Carrots                                    | 7 AM- Turkey Sausage<br>Biscuit<br>Pita Pizza/Green Beans/<br>Applesauce<br>PM- Apples/Sunbutter   | 8 AM- Bananas/Cereal<br>Chef's Choice<br>PM- Cheez-It's/Apples                                | 9 AM- Yogurt/Raisins<br>Soybutter and Jelly Jammers/<br>Cucumbers/Ranch/Banana<br>PM- Rice Cakes/Cheese | 10<br><b>School Closed</b>   | 11  |
| 12  | 13 AM- Cereal/Milk<br>Chicken Nuggets/Sweet<br>Potatoes/Mandarin Oranges<br>PM- Rasins/Crackers                      | 14 AM- Waffle Sticks/Syrup<br>Mac and Cheese/Fruit<br>PM- Apple Slices/Sunbutter                   | 15 AM- Yogurt/Bananas<br>Chef's Choice<br>PM- String Cheese/Wheat<br>Thins                    | 16 AM- Turkey Sausage<br>Biscuit<br>Salad/Pizza/Carrots<br>PM- Pineapple/Pretzels                       | 17 AM- Granola Bar/Milk<br>Meatball Sandwich/Green<br>Beans/Pears<br>PM- Strawberry Chex Mix | 18  |
| 19  | 20 AM- Cereal/Milk<br>Turkey, Gravy, Mashed<br>Potatoes, Stuffing, Veggies,<br>Cranberry Sauce<br>PM- Yogurt/Raisins | 21 AM- Apple Muffin<br>Asian Chicken Balls/Rice Pilaf<br>PM- String Cheese/Grapes                  | 22 AM- Yogurt/Fruit<br>Chef's Choice<br>PM- Applesauce/Graham<br>Crackers                     | 23<br><b>School Closed</b>  | 24 AM- Egg Patty/Milk<br>Salad/Asian Chicken Balls<br>PM- Popcorn/Apple Slices               | 25  |
| 26  | 27 AM- Blueberry Muffins<br>Turkey/Cheese/Wrap/<br>Broccoli/Peaches<br>PM- Rice Cakes/Grapes                         | 28 AM- Pancakes/Syrup/Milk<br>English Muffin Pizza/<br>Cucumbers/Apple Slices<br>PM- Carrots/Ranch | 29 AM- Turkey Sausage<br>Biscuit<br>Chef's Choice<br>PM- Pitas/Hummus                         | 30 AM- Yogurt/Fruit<br>Pita Pizza/Green Beans/<br>Applesauce<br>PM- Berries/Chex Mix                    |  |     |