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| **February**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** |
| **January 29** |  |  |  |
| **January 30** |  |  |  |
| **January 31** |  |  |  |
| **February 1** |  |  |  |
| **February 2** |  |  |  |
| **February 5** |  |  |  |
| **February 6** |  |  |  |
| **February 7** |  |  |  |
| **February 8** |  |  |  |
| **February 9** |  |  |  |
| **February 12** |  |  |  |
| **February 13** |  |  |  |
| **February 14** |  |  |  |
| **February 15** |  |  |  |
| **February 16** |  |  |  |
| **February 19** |  |  |  |
| **February 20** |  |  |  |
| **February 21** |  |  |  |
| **February 22** |  |  |  |
| **February 23** |  |  |  |
| **February 26** |  |  |  |
| **February 27** |  |  |  |
| **February 28** |  |  |  |
| **March 1** |  |  |  |
| **March 2** |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 29Baked Chicken Nuggets, Roasted Veggies, Fresh FruitPenne Carbonera, Roasted Veggies, Fresh FruitPenne Meatless Carbonera, Roasted Veggies, Fresh Fruit | 30Chicken Caprese, Roasted Veggies, Roll, Fresh FruitPasta w/Lean Beef Meatballs & Tomato Sauce, Roasted Veggies, Fresh FruitPasta w/Olive Oil, Roasted Veggies, Fresh Fruit | 31Philly Cheesesteak, Roasted Seasonal Veggies, Fresh FruitBBQ Beef Sandwich, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 1Mojito Grilled Chicken w/Black Bean Salsa, Baked Plantains, Brown Rice, Fresh FruitMojito Tofu w/Black Beans Salsa, Baked Plantains, Brown Rice, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 2Lean Beef Cheeseburger, Roasted Veggies, Fresh FruitCheese Pizza, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |
| 5Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 6Breakfast for Lunch--Egg & Cheese Burrito, Roasted Potatoes, Fresh FruitBreakfast for Lunch--Sweet Potato Pancakes, Eggs, Fresh FruitPasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit | 7Turkey & Cheese Enchiladas, Black Beans & Brown Rice, Fresh FruitCheese Enchiladas, Black Beans & Brown Rice, Fresh FruitGrilled Cheese, Roasted Veggies, Fresh Fruit | 8BBQ Chicken, Baked Beans, Corn Bread, Fresh FruitBBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 9Lean Beef & Cheese Nachos, Black Beans, Roasted Veggies, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.00 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.00. A full menu for the month is $96.00
4. Tear off the completed form and **RETURN by** **Monday, January 22nd.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 12Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh FruitPasta w/Olive Oil, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Veggies, Fresh Fruit | 13Roasted Chicken w/Smashed Potatoes, Roasted Sweet Peas, Fresh FruitPasta Genovese w/Chicken, Roasted Veggies, Fresh FruitPasta Genovese, Roasted Veggies, Fresh Fruit | 14Arroz con Pollo, Baked Plantains, Fresh FruitCarne Guisada (Braised Beef), Brown Rice, Baked Plantains, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 15Lean Beef Burgers, Roasted Veggies, Fresh FruitLean Beef Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 16Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |
| 19**NO YUMMY****LUNCHES** | 20Fusilli w/Low Fat Alfredo Sauce w/Chicken, Roasted Veggies, Fresh FruitBaked Chicken Nuggets, Glazed Carrots, Fresh FruitBaked Tofu Nuggets, Glazed Carrots, Fresh Fruit | 21Sweet & Sour Chicken w/Veggie Fried Rice, Steamed Edamame, Fresh FruitSweet & Sour Tofu w/Veggie Fried Rice, Steamed Edamame, Fresh FruitGrilled Cheese, Steamed Edamame, Fresh Fruit | 22Turkey Meatball Subs, Roasted Veggies, Fresh FruitTurkey Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 23Chicken Chop w/Saffron Yellow Rice w/Confetti Veggies, Black Beans, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

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|  **Monday** |  **Tuesday** |  **Wednesday** |  **Thursday** |  **Friday** |
| 26Pasta w/Beef Tips & Mushroom Sauce, Roasted Veggies, Fresh FruitPasta w/Olive Oil, Roasted Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Veggies, Fresh Fruit | 27Maple Mustard Glazed Sliced Turkey, Roasted Veggies, Roll, Fresh FruitMaple Mustard Glazed Turkey Po’ Boy, Roasted Veggies, Fresh FruitCheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit | 28“Make Your Own Yummy...” Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit“Make Your Own Yummy...” Tofu Fajitas, Brown Rice, Black Beans, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 1Baked Fish Cakes w/Slaw (on the side), Roasted Veggies, Fresh FruitBreaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Veggies, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 2Beef Gyro w/Tzatziki, Sautéed Peppers, Tomatoes & Onions, Baked Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

**“yummy in my tummy”** Organic & Natural Caterers.

