



March 2018 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				Cereal and Milk 1	Oatmeal Bars 2
Lunch				Chicken Nuggets, Broccoli, Pineapple and Milk	Tuna on Whole Grain Bread, Carrots, Applesauce and Milk
PM Snack				Caramel Rice Cakes and Milk	String Cheese and Wheat Thins
AM Snack	Cereal and Milk 5	Oatmeal Bars and Milk 6	Cereal and Milk 7	Whole Grain Waffles with Apple Butter 8	Bananas and Milk 9
Lunch	Fish Sticks, Broccoli, Pears and Milk	Whole Grain Macaroni and Cheese, Green Beans, Peaches and Milk	Pizza, Corn, Pineapple and Milk	Meatloaf, Potatoes, Peas and Milk	Baked Ziti, Mixed Veggies, Applesauce and Milk
PM Snack	Pita and Hummus	Waffle Grahams	Yogurt and Raisins	Wheat Crackers and Cheese	Waffle Grahams
AM Snack	Cereal and Milk 12	English Muffin with Sunflower Butter 13	Yogurt and Raisins 14	Cereal and Milk 15	Cereal and Milk 16
Lunch	Diced Turkey, Rice Pilaf, Mixed Veggies and Milk	Ham and Cheese Wrap on Whole Grain Tortilla, Yogurt, Apple Slices and Milk	Whole Grain Spaghetti, Meatballs, Green Beans and Milk	Turkey Tacos, Diced Potatoes, Oranges and Milk	Chef's Choice
PM Snack	Applesauce and Milk	Trail Mix	Whole Grain Goldfish Crackers	Apples	
AM Snack	Oatmeal Bars 19	Cereal and Milk 20	Cheese Omelet 21	Bananas and Milk 22	Cereal and Milk 23
Lunch	Sunflower Butter and Jelly on Whole Wheat, Carrot Sticks with Ranch Dressing, Peaches and Milk	Grilled Chicken Patty, Diced Potatoes, Peas and Milk	Turkey Dog on Whole Grain Bun, Corn, Pineapple and Milk	Bow Tie Pasta with Parmesean Cheese, Carrots, Oranges	Cheese Quesadilla on Whole Grain Tortillas, Mixed Veggies, Peaches and Milk
PM Snack	Oranges Slices and Milk	Graham Crackers with Sunflower Butter	Apples	Pretzel Goldfish	Trail Mix
AM Snack	Cereal and Milk 26	Whole Grain Waffles 27	Cereal and Milk 28	Bananas and Milk 29	Oatmeal Bars 30
Lunch	Ravioletti in Tomato Sauce, Green Beans, Applesauce and Milk	Hamburgers on Whole Grain Bun, Corn, Pears and Milk	Pierogies, Peas, Peaches and Milk	Grilled Cheese on Whole Grain Bread, Apples, Broccoli and Milk	Turkey Sloppy Joes on Whole Grain Bun, Green Beans, Peaches and Milk
PM Snack	Tortilla Chips and Salsa	Waffle Grahams	String Cheese	Cantaloupe and Milk	Oatmeal Cookies