

Chesterbrook Academy March 2018 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Highlighted boxes = organic items. Red text = vegetarian option.

Week Beginning on February 26, 2018					
A.M. Snack	CHEX CEREAL, PEACHES, MILK	FRENCH TOAST STICKS, BLUEBERRIES, MILK	WHOLE GRAIN MINI BAGEL, CREAM CHEESE, APPLE SAUCE, MILK	BLUEBERRY MUFFIN, MANDARIN ORANGES, MILK	CHEF'S
Lunch	CHEESE RAVIOLETTI, SPAGHETTI SAUCE, BROCCOLI FLORETS, DICED PEACHES, MILK	GRILLED CHEESE ON WHEAT BREAD, STRINGBEANS, SLICED STRAWBERRIES, MILK	CHICKEN & CHEESE QUESADILLA, CORN, PEARS, MILK	Meatloaf, Mashed Potatoes, Gravy, Strawberries, MILK	CHOCIE
P.M. Snack	GOLDFISH, SLICED ORANGES	CHEESE IT CRACKERS, BANANAS	SLICED CUCUMBERS WITH RANCH DRESSING	FRESH APPLE, SUNBUTTER	DAY
Week Beginning on March 5, 2018					
A.M. Snack	RICE KRISPIES CEREAL, MELON BALLS, MILK	WHOLE GRAIN ENGLISH MUFFIN, APPLE BUTTER, MILK	CORN FLAKES CEREAL, SLICED BANANA, MILK	WHOLE GRAIN PANCAKE, SUGAR FREE SYRUP, ORANGE SLICES, MILK	TASTEEOS CEREAL, BANANA, MILK
Lunch	CHEESESTEAK (VO - Garden Burger) ON WHOLE WHEAT SLIDER, STINGBEANS, APPLE SAUCE, MILK	GRILLED CHICKEN TOSSED SALAD W/RANCH DRESSING, WHOLE WHEAT SLIDER ROLL, APPLESAUCE, MILK 1%	FISH STICKS, STRINGBEANS, MANGO CHUNKS, MILK	RICE & BEANS, TOSSED SALAD W/RANCH, SLICED STRAWBERRIES, MILK	WHOLE WHEAT PASTA, SPAGHETTI SAUCE, MIXED VEG, FRUIT COCKTAIL, MILK
P.M. Snack	WG CHEDDAR RICE CAKES, FRESH ORANGE SLICES	PRETZEL RODS, COLBY JACK CHEESE CUBES	GREEK VANILLA YOGURT, MIXED BERRIES	FRESH APPLE, SUNBUTTER	ORGANIC BABY CARROTS, HUMMUS
Week Beginning on March 12, 2018					
A.M. Snack	WG CRANBERRY ORANGE MUFFIN, MILK	TASTEEO CEREAL, MIXED BERRIES, MILK	WHOLE GRAIN WAFFLE, SUGAR FREE SYRUP, SLICED STRAWBERRIES, MILK	RICE KRISPIES CEREAL, BANANA, MILK	GREEK VANILLA YOGURT, MANGO CHUNKS, MILK
Lunch	GRILLED CHICKEN PATTY, SWEET POTATO WEDGES, PEACHES, MILK	CHEESE QUESADILLA, CARROTS, PEARS, MILK	WHOLE GRAIN PIZZA, FRESH TOSSED SALAD, RANCH DRESSING, BLUEBERRIES, MILK	CHEESEBURGERS ON WHOLE GRAIN SLIDER, SWEET POTATO FRIES, PINEAPPLE, MILK	GRILLED CHEESE, TOMATO SOUP, PEACHES, MILK
P.M. Snack	WG STRAWBERRY CHEX, SLICED ORANGES	CHEDDAR CHEESE CUBES, WHEAT CRACKERS	CHIPS AND SALSA	SLICED CUCUMBERS WITH RANCH DRESSING, MOZZARELLA STRING CHEESE	RED PEPPER HUMMUS, WHEAT CRACKERS
Week Beginning on March 19, 2018					
A.M. Snack	RICE KRISPIES CEREAL, MANDARIN ORANGES, MILK	APPLE CINNAMON MUFFINS, PEACHES MILK	WHOLE GRAIN ENGLISH MUFFIN, APPLE BUTTER, MILK	TASTEEO CEREAL, BANANA, MILK	WHOLE GRAIN PANCAKE, SUGAR FREE SYRUP, MIXED BERRIES, MILK
Lunch	TURKEY & CHEESE on WHOLE WHEAT TORTILLA, CARROTS, APPLESAUCE, MILK	MEATLOAF, MASHED POTATOES, FRUIT COCKTAIL, MILK	MULTI-GRAIN FLAT BREAD PIZZA, CARROTS, PEARS, MILK	SPANISH RICE W/DICED CHICKEN, PEAS, MELONS, MILK	WHOLE WHEAT PASTA, SPAGHETTI SAUCE, BROCCOLI FLORETS, ORANGE SLICES, MILK
P.M. Snack	GREEK VANILLA YOGURT, BANANA	MOZZARELLA STRING CHEESE, WHEAT CRACKERS	GRAHAM CRACKERS, APPLE BUTTER	PRETZELS, COLBY JACK CHEESE CUBES	FRESH APPLE, SUNBUTTER
Week Beginning on March 26, 2018					
A.M. Snack	CHEX CEREAL, APPLE SAUCE, MILK	RICE KRISPIES CEREAL, BANANA, MILK	WHOLE GRAIN WAFFLE, ORANGE SLICES, MILK	BISCUITS WITH APPLE BUTTER, BANANA, MILK	CHEF'S
Lunch	PIEROGIES, GREENBEANS, PINEAPPLES, MILK	TURKEY SAUSAGE, HASH BROWN POTATO STICK, SLICED STRAWBERRIES, MILK	WHOLE GRAIN CHICKEN PATTY, PEAS, FRESH/FROZEN MELON, MILK	WHOLE WHEAT PASTA, CHEESE SAUCE, BROCCLOLI FLORETS, APPLESAUCE, MILK	CHOICE
P.M. Snack	WG CHEDDAR RICE CAKES, FRESH ORANGE SLICES	GRAHAM CRACKERS WITH APPLE BUTTER	FRESH APPLE, SUNBUTTER	GREEK VANILLA YOGURT, MIXED BERRIES	DAY