

April Menu 2018



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	3 Cereal and Milk	4 Yogurt	5 Oatmeal Bar	6 Whole Grain Bagel and Cream Cheese	7 Cereal and Milk
Lunch	Turkey and Cheese on Whole Grain Bread, Cucumbers, Apple Slices and Milk	Ham Slice, Green Beans, Peaches and Milk	Chicken Quesadilla, Corn, Pineapple and Milk	Sunbutter and Jelly on Whole Grain Bread, Orange Slices, Carrots and Milk	Pizza, Applesauce, Peas and Milk
PM Snack	Whole Grain Goldfish Crackers	Tortilla Chips and Salsa	Yogurt and Raisins	Grapes and Wheat Thins	Bananas and Milk
AM Snack	10 Cereal and Milk	11 Oatmeal Bars and Milk	Cereal and Milk	13 Whole Grain Waffles with Apple Butter	14
Lunch	Turkey Dogs on Whole Grain Roll, Broccoli, Mixed Fruit and Milk	Turkey Tacos, Oven Browned Diced Potatoes, Oranges and Milk		Pierogies, Green Beans, Peaches and Milk	Chef's Choice
PM Snack	Pita Bread with Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices with Sunflower Butter	
	17	18	19	20	21
AM Snack	Cereal and Milk	Muffins with Milk	English Muffins with Sunflower Butter	Cereal and Milk	Bananas and Milk
Lunch	Meatloaf with Brown Gravy, Mashed Potatoes, Peas and Milk	Turkey and Cheese Wrap on Whole Grain Tortilla, Grapes, Yogurt and Milk	Spaghetti and Meatballs, Salad with Ranch Dressing, Pears and Milk	Hamburger on Whole Grain Roll, Cheesy Cauliflower, Applesauce amd Milk	Fish Sticks, Mixed Veggies, Diced Potatoes, Milk
PM Snack	Carrot Sticks with Ranch Dressing and String Cheese	•	Pretzel Fish and Applesauce	Sunflower Butter and Crackers	Wheat Thins and String Cheese
	24	25	26	27	28
AM Snack	Oatmeal Bars and Milk	Yogurt and Raisins	Cereal and Milk	Apple Slices	
Lunch	Ham and Cheese on Whole Wheat Tortillas, Apple Slices, Corn and Milk	Chicken Nuggets, Broccoli, Pineapple and Milk	Raviloetti with Tomato Sauce, Green Beans, Oranges and Milk	Chicken Parm, Salad with Ranch Dressing, Peachs and Milk	Chef's Choice
PM Snack	Pretzel fish and Milk	Applesauce and Milk	Grapes and Wheat Thins	Trail Mix and Milk	