

**Chesterbrook Academy
School Menu. May 2018**



5/7 - 5/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Biscuit w/Jelly, Fruit & Milk	WW French Toast w/ Syrup, Fruit & Milk	Cereal Bar Yogurt, Milk	Scrambled Egg Patty, Blueberries, Milk	Apple Muffins, Fruit (J), & Milk
Lunch	Asian Chicken Bites, Oranges (J), Green Beans & Milk	Cheese Pizza (V), Pineapple (J), Carrots & Milk	Beef Cheeseburger w/ WW Bun (G), Pears (J), Peas & Carrots & Milk	Turkey Hot Dog with WW bun (G), Oranges (J), Green Beans (O) & Milk	Cheese Ravioli w/ Red Sauce (V), Peaches (F), Peas & Carrots (O), & Milk
PM Snack	Goldfish Pretzels, Cheese Cubes, Water	Fresh Apples (F) & Sun Butter Water	Fresh Cucumber w/ Ranch Dressing, Saltine Crackers & Water	Yogurt & Mixed Fruit, Water	Graham Crackers & Applesauce Water

5/14 - 5/18	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	English Muffin w/ Apple Butter, Fruit (J) & Milk	Rice Krispies Cereal, Fruit (J) & Milk	WW Pancakes w/ Syrup, Fruit & Milk	Blueberry Muffins, Fruit (J), & Milk	Bagels w/Cream Cheese, Fruit (J) & Milk
Lunch	Fish Sticks, Broccoli, Oranges (J) & Milk	Chicken Fajita on WW Tortilla, Cheese, Lettuce, Corn, Mixed Fruit, Milk	Black Beans & Rice. Tortilla, Corn, Bananas & Milk	Chicken Nuggets, Mashed Potatoes, Broccoli, Pears (J) & Milk	Spaghetti w/ Red Sauce (V), Mixed Fruit (J), Broccoli, Garlic Bread & Milk
PM Snack	Cheddar Rice Cakes, Water	Graham Crackers & Oranges Water	Wheat Crackers & String Cheese Water	Banana (F) & Soy Butter Water	Carrots w/ Hummus & Saltine Crackers Water

5/21 - 5/25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WW Waffles w/ Syrup, Fruit & Milk	Corn Flakes, Banana & Milk	Bagels w/Cream Cheese, Fruit (J) & Milk	Biscuit w/Jelly, Fruit & Milk	Orange Muffins, Fruit (J), & Milk
Lunch	Turkey Corn Dogs, Pears, Broccoli & Milk	Grilled Chicken Breast Patty on WW/ Bun, Peas, Mixed Fruit, Milk	Cheese Pizza (V), Fresh Blueberries, Salad w/ Ranch Dressing, & Milk	Chicken Tenders, Oranges (J), Peas and Carrots & Milk	Quesadilla, Peaches (J) Corn & Milk
PM Snack	Graham Crackers & Applesauce Water	Apples (F) & Sun Butter Water	Ritz Crackers & Cubed Cheese Water	Yogurt & Banana, Water	Fresh Cucumbers w/ Ranch Dressing & Saltine Crackers Water

5/28 - 6/1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	 Closed for Memorial Day	Bagels w/Cream Cheese, Fruit (J) & Milk	Apple Muffins, Fruit (J), & Milk	Cold Cereal, Fruit (J) & Milk	WW Waffles w/ Syrup, Fresh Fruit & Milk
Lunch		Grilled Cheese on WW Bread (G), Chicken Noodle Soup, Peaches (J), & Milk	Turkey Sloppy Joes on WW Sliders, Blueberries, Corn & Milk	Macaroni & Cheese (V), Carrots, Oranges (J), & Milk	Grilled Italian Chicken, Broccoli, Pears, Milk
PM Snack		Yogurt & Apples Water	Carrots w/ Hummus & Saltine Crackers Water	Graham Crackers & Oranges Water	Cheddar Rice Cakes, Water

(G): Whole Grain (V): Vegetarian (F): Fresh (O): Organic (J): In Juice
* All Milk is Organic