



# July



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Bananas <sup>2</sup>	Applesauce <sup>3</sup>			Yogurt <sup>6</sup>
Lunch	Grilled Cheese on Wheat Bread, Chicken Noodle Soup, Strawberries	Beef Meatloaf with Gravy, Mashed Potatoes, Mandarin Oranges	CLOSED FOR THE 4TH OF JULY	Chef's Choice	Chicken Nuggets, Green Beans, Peaches
PM Snack	Wheat Crackers with Cheese	Goldfish			Animal Crackers
AM Snack	Pita Triangles and Hummus <sup>9</sup>	Wheat English Muffin with Apple Butter <sup>10</sup>	WG Soft Pretzel Bites <sup>11</sup>		Oatmeal <sup>13</sup>
Lunch	WG Pasta with Turkey Meatballs in Marinara, Peaches	Turkey & Cheese on wheat, Cucumbers with Ranch, Blueberries	WG waffles, Turkey Sausage, Peaches	Chef's Choice	Flatbread Pizza, Cauliflower, Mandarin Oranges
PM Snack	Graham Crackers & Sunbutter	Townhouse Crackers	Granola Bars		String Cheese Sticks
AM Snack	Wheat Toast with Butter <sup>16</sup>	Applesauce <sup>17</sup>	Yogurt <sup>18</sup>		WG mini Bagels & Cream Cheese <sup>20</sup>
Lunch	Cheese Pierogies, Strawberries, Mixed Veggies	Grilled Chicken, Rice, Pears	Cheeseburger Sliders on a WG Bun, Green Beans, Mandarin Oranges	Chef's Choice	WG Mac & Cheese, Peaches, Broccoli
PM Snack	Apple Slices with Sunbutter	Granola Bars	Whole Grain Cheez Its		WG Oatmeal Cereal Bar
AM Snack	Cucumber Slices with Ranch <sup>23</sup>	Oatmeal <sup>24</sup>	Yogurt <sup>25</sup>		Applesauce <sup>27</sup>
Lunch	Beef Bites, Sweet Potato Fries, Pears	Tortellini with Cheese and Marinara, Peaches	WG Pancakes, Turkey Sausage, Mandarin Oranges	Chef's Choice	Chicken Nuggets, Green Beans, Mixed Fruit
PM Snack	Granola Bars	Wheat Crackers with Cheese	Animal Crackers		WG Goldfish
AM Snack	Bananas <sup>30</sup>	Fruit and Yogurt Parfait <sup>31</sup>	WG Mini Bagels with Cream Cheese <sup>1</sup>		Oatmeal <sup>3</sup>
Lunch	Turkey & Cheese on a WG Wrap, Cucumbers with Ranch, Blueberries	Pizza, Mixed Veggies, Apples	WG Mac & Cheese, Peaches, Broccoli	Chef's Choice	Grilled Cheese on Wheat, Chicken Noodle Soup, Pears
PM Snack	WG Oatmeal Cereal Bar	Animal Crackers	Whole Grain Cheez Its		Wheat Crackers with Cheese

