




July 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 AM-Strawberry Yogurt Pasta/ Turkey Meatballs, Garlic Bread, Green Beans, Peaches PM- Carrots with Hummus	3 AM-French Toast Chicken Soft Tacos with Lettuce/Tomatoes, Mango PM-Blueberries & Fig newton	Independence Day School Closed 	5 AM-Waffles & syrup Cheeseburger Beef Sliders, Sweet Potato Tots, Apples PM-Crackers & Cheese	6 AM-WG Mini Bagels Pizza with WG Crust, Brussel Sprouts, Mandarin Oranges PM-Soft Pretzels	7
8	9 AM- Cereal Bar Garlic & Butter Pasta with Spinach, Salad, Applesauce PM-Cheddar Rice Cakes	10 AM-Vanilla Yogurt Turkey Hard Tacos with Lettuce, Melon Balls PM- Strawberries & Fig Newton	11 AM-Bananas Macaroni & Cheese, Broccoli, Pineapples PM- Cucumber & Ranch	12 AM-Cinnamon Raisin Toast Meatloaf, Mashed Potatoes, Peas, Pears PM- Chex Mix	13 AM-Egg Patty/ Sausage Grilled Cheese, Carrots, Peaches PM-Apple Slices	14
15	16 AM-Greek Yogurt Tuna Salad on WG Bread, Mixed Veggies, Applesauce PM-Graham Crackers	17 AM-WG Mini Bagels with Cream Cheese Fish Sticks, Green Beans, Bananas PM-Watermelon	18 AM- Blueberry Muffins Chicken Quesadilla, Peas, Peaches PM-Strawberries & Fig Newton	19 AM-French Toast Turkey & Cheese Sandwich, Pears, Carrots PM- Celery & Hummus	20 AM-Waffles & Syrup Turkey Meatballs, Garlic Bread, Salad, Mangos PM- Crackers & Cheese Sticks	21
22	23 AM- Cereal & Milk Chicken Quesadilla/ Cauliflower/Apples PM-Granola Bars	24 AM- Biscuits & Sausage Macaroni & Cheese, Corn, Blueberries PM-Carrots & Ranch	25 AM-Bananas/Yogurt Grilled cheese, Broccoli, Tropical Fruit PM-Cheddar Rice Cakes	26 AM-Cinnamon Raisin Bread Cheeseburger Beef Sliders, Tater Tots, Pears PM-Apple Slices	27 AM-Strawberry Yogurt Pizza with WG Crust, Mixed Veggies, Applesauce PM-Soft Pretzels	28
29	30 AM-Greek Yogurt & Fish Sticks, Green Beans, Pears PM-Celery Sticks & Soy Butter	31AM- Cereal & Milk Turkey and Cheese Sandwiches, Carrots, Bananas PM- Graham Crackers				