\*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



## July Lunch Menu



|          | MONDAY   | TUESDAY  | WEDNESDAY                  | THURSDAY                                | FRIDAY  |
|----------|--|--|----------------------------|---|---|
|          | 2  | 3  | 4                          | 5                                       | 6   |
| AM Snack | Cereal   | Yogurt   | No School/July 4th Holiday | Applesauce                              | Oatmeal Bar   |
| Lunch    | Pizza, Salad, & Peaches                                | Swedish Meatballs & Noodles, Green<br>Beans, Pineapple |                            | Chicken Giggle Parm, Peas, Pears        | Egg Patty, Hash Brown, Oranges                            |
| PM Snack | Graham Crackers  | Apple Slices   |                            | Graham Crackers                         | Cheese & Crackers   |
|          | 9  | 10   | 11                         | 12                                      | 13  |
| AM Snack | Bananas  | Cereal   |                            | Yogurt                                  | Oranges   |
| Lunch    | Turkey Ham & Cheese Sandwich,<br>Melon, Tortilla Chips | Meat Loaf, Mashed Potatoes, Corn                       | Chef's Choice              | Tortellini & Spinach, Melon             | French Toast Sticks, Turkey Sausage,<br>Peaches           |
| PM Snack | Teddy Grahams  | Fruit Cocktail   |                            | Gold Fish                               | Waffle Grahams  |
|          | 16   | 17   | 18                         | 19                                      | 20  |
| AM Snack | Cereal   | Yogurt   |                            | Mini Bagels, & Cream Cheese             | Crackers & Cheese   |
| Lunch    | Salisbury Steak, Mashed potatoes,<br>Peas              | Fish Sticks, Mac & Cheese, Peas                        | Chef's Choice              | Chicken Fries, Peas, Rice Pilaf         | Beef & Veggie Stew, Pears                                 |
| PM Snack | Peppers & Hummus                                       | Granola Bar  |                            | Pineapple                               | Cucumbers & Dip   |
|          | 23   | 24   | 25                         | 26                                      | 27  |
| AM Snack | Muffin   | Cereal   |                            | Bananas                                 | Yogurt  |
| Lunch    | Turkey & Cheese Roll-Ups, Garden pasta Salad           | Polka Dot Pie, Melon                                   | Chef's Choice              | Pulled Pork Sliders, Baked Fries, Pears | Cheese Burger Sliders, Veggie Baked<br>Beans, Mixed Fruit |
| PM Snack | Applesauce   | Graham Crackers  |                            | Gold Fish                               | Ice Cream Cups  |
|          | 30   | 31   |                            |   |   |
| AM Snack | Cereal   | Apple Slices   |                            |   |   |
| Lunch    | Spaghetti & Meatball, Salad, Rolls                     | Red Beans & Rice, Cucumbers & Dip,<br>Peaches          |                            |   |   |
| PM Snack | Melon  | Sun Butter & Crackers                                  |                            |   |   |