



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
Breakfast			Egg Patty, Sausage, Milk	Cinnamon Toast & Milk Chicken Nuggets, Sweet Potato	Cereal Bar & Milk Macaroni and Cheese, Broccoli,
Lunch			Asian Chicken, Rice, Corn & Milk	Fries, Peaches & Milk	Pineapples & Milk
PM Snack		7	Cheddar Rice Cakes & Water	Apple Slices & Water	Chex Mix & Water
Breakfast	Yogurt & Milk	Bananas & Milk	8 Waffles, Syrup & Milk	French Toast Sticks, Syrup & Milk	10 Blueberry Muffins & Milk
Lunch	Ground Turkey Hard Shell Tacos, Tomatoes, Melon Balls & Milk	Buttered Pasta, Spinach, Pears & Milk	Cheeseburger Sliders, Tater Tots, Tropical Fruit & Milk	Chicken Quesadilla, Apple Slices, Veggie Beans, & Milk	Turkey and Cheese Sandwiches, Peaches, Peas & Milk
PM Snack	Crackers, Rasins & Water	Strawberries, Fig Newtons & Water	Celery, Hummus & Water	Cucumbers, Ranch & Water	Yogurt & Water
	13	14	15	16	
Breakfast	Bagels, Cream Cheese, & Milk	Yogurt & Milk	Sausage Biscuits & Milk	Cereal & Milk	Cinnamon and Rasin Bread & Milk
Lunch	Fish Sticks, Salad, Pineapple& Milk		Tuna Salad, Carrots, Applesauce & Milk	Chicken Soft Tacos, Lettuce, Tomatoes, Mangos & Milk	Macaroni and Cheese, Broccoli, Oranges & Milk
PM Snack	Crackers, Cheese Sticks & Water	Banana & Water	Watermelon, Fig Newtons & Water	Carrots with Ranch & Water	Chex Mix & Water
	20	21	22	23	24
Breakfast	Strawberry Yogurt & Milk	Cereal & Milk	French Toast Sticks, Syrup, & Milk	Bagel with Cream Cheese & Milk	Egg Patty, Sausage, & Milk
Lunch	Chicken, Rice, & Gravy, Cinnamon Apples, & Milk	Grilled Cheese, Banana, Broccoli & Milk	Turkey Meatballs, Garlic Bread, Mixed Veggies, Mangos, & Milk	Pizza, Brussel Spouts, Pears, & Milk	Meatloaf, Mashed Potatoes, Peas, Apples & Milk
PM Snack	Grahm Crackers & Water	Blueberries & Water	Celery Sticks, Sunbutter, & Water	Granola Bars & Water	Orange and Cranberry Muffins & Water
	27	28	29	30	
Breakfast	Toast, Jelly & Milk	Cereal, Bananas & Milk	Yogurt & Milk	Egg Patty, Sausage,& Milk	French Toast Sticks, Syrup & Milk
Lunch	Fish Sticks, Salad, Pineapple& Milk	Chicken Alfredo Pasta, Broccoli, Pears, & Milk	Grilled Cheese, Green Beans, Apples & Milk	Ground Turkey Hard Shell Tacos& Tomatoes, Peaches, & Milk	Pierogies, Carrots, Melon Balls & Milk
PM Snack	Carrots, Soybutter & Water	Strawberries, Fig Newtons & Water	Peppers, Hummus & Water	Cheddar Rice Cakes & Water	Apple Slices, Cheese Sticks & Water