





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
AM Snack			Oatmeal Bars	Egg Omelet	
Lunch			Turkey & Cheese Wraps, corn	Bowtie Pasta w/ Parm, Broccoli &	Chef's Choice
			chips, fruit	Cauliflower, Fruit	C.1.C. 0 G.1.C.00
PM Snack			Pretzels	Hummus & Pita	
	6	7	8	9	10
AM Snack	Cereal	Muffins	Oatmeal Bars	Yogurt & Berries	Cereal
Lunch	Chicken Patties, Carrots & Peas, Fruit	Tacos, Salad, Fruit	Fun Fish, Cole Slaw, Fruit	Pierogis, Green Beans, Fruit	Beef nuggets, Mashed Potatoes, fruit
PM Snack	Goldfish	Graham Crackers	Vanilla Wafers	Animal Crackers	Raisins
	13	14	15	16	17
AM Snack	Cereal	Apple Loaves	String Cheese	French Toast	
Lunch	Meatloaf, Corn, Fruit	Bacon, egg & cheese sandwich, fruit	Corn dogs, mixed veggies, fruit	Pasta w/ sauce, Peas, fruit	Chef's Choice
PM Snack	Teddy Grahams	Fig Newton bars	Trail mix	Waffle grahams	
	20	21	22	23	24
AM Snack	Cereal	Biscuits	Oatmeal Bars	Pancakes	Cereal
Lunch	Turkey & Rice Pilaf, Green beans, fruit	Hamburgers, Corn, Fruit	Mac & Cheese, Broccoli, fruit	Tuna, Cucumbers, fruit	English muffin pizza, mixed veggies, fruit
PM Snack	Graham Crackers	Wheat Crackers	Pretzel Goldfish	Cheezits	Sports Bites
	27	28	29	30	31
AM Snack	Cereal	Raisin bread	Oatmeal Bars	Waffles	
Lunch	Chicken Tenders, Rice, Fruit	Sloppy Joes on a fun bun, salad, Fruit	Salisbury Steak, egg noodles, fruit	2 Cheese Pasta, Green beans, fruit	Chef's Choice
PM Snack	Cheese & Crackers	String Cheese	Chips & Salsa	Apples & Sunflower Butter	