



August 2018 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	30 Cereal and Milk	31 Fresh Fruit	1 Oatmeal Bars	2 Cereal and Milk	3 Cereal and Milk
Lunch	Whole Grain Chicken Nuggets, Sweet Potato Fries, Carrots and Milk	Mac and Cheese, Green Beans, Pears and Milk	Turkey Sloppy Joes on Whole Grain Buns, Mixed Veggies, Peaches and Milk	Sunflower Butter and Jelly on Whole Grain Bread, Apples, Yogurt and Milk	Chef's Choice
PM Snack	Whole Grain Goldfish Crackers	Graham Crackers and Milk	Trail Mix	Carrot Sticks and Ranch Dressing	
AM Snack	6 Waffles w/ Apple Butter	7 Cereal and Milk	8 English Muffins with Sun Butter	9 Fresh Fruit	10 Cereal and Milk
Lunch	Cheese Quesadilla on Whole Grain Tortilla, Green Beans, Pineapple and Milk	Turkey Dogs on Whole Grain Bun, Corn, Fresh Fruit and Milk	Pierogies, Broccoli, Pears and Milk	Whole Grain Ham and Cheese Wrap, Oranges, String Cheese and Milk	Pizza, Salad with Ranch Dressing, Peaches and Milk
PM Snack	Oatmeal Cookies and Milk	Pita and Hummus	Animal Crackers and Applesauce	Tortilla Chips and Salsa	Crackers and Cheese
AM Snack	13 Cereal and Milk	14 French Toast	15 Yogurt	16 Cereal and Milk	17 Cereal and Milk
Lunch	Bowtie Pasta with Parm., Peas, Oranges and Milk	Chicken Parm, Corn, Mixed Fruit and Milk	Fish Sticks, Mixed Veggies, Applesauce and Milk	Turkey and Cheese on Whole Grain Bread, Apple Slices, Carrot Sticks with Ranch Dressing and Milk	Chef's Choice
PM Snack	Carrot Sticks with Ranch and Milk	Pretzel Fish	Spikers Ranch Crackers and String Cheese	Fresh Fruit and Milk	
AM Snack	20 Yogurt	21 Cereal and Milk	22 Cereal and Milk	23 English Muffins and Apple Butter	24 Fresh Fruit
Lunch	Meatloaf, Diced Potatoes, Pineapple and Milk	Turkey Tacos, Corn, Fresh Fruit and Milk	Pasta with Tomato Sauce, Green Beans, Pears and Milk	Ham and Cheese on Whole Grain Bread, Fresh Fruit, Pretzels and Milk	Hamburgers on Whole Wheat Bun, Sweet Potato Fries, Carrots and Milk
PM Snack	Yogurt	Graham Crackers and Raisins	Cucumbers with Ranch Dressing and Milk	Wheat Thins and Hummus	Trail Mix
AM Snack	27 Oatmeal Bars	28 Cereal and Milk	29 Waffles and Milk	30 Cereal and Milk	31 Cereal and Milk
Lunch	Grilled Chicked Patty, Potatoes, Corn and Milk	Ravioletti with Tomato sauce, Green Beans, Applesauce and Milk	Sweet and Sour Chicken, White Rice ,Broccoli and Milk	Turkey Dogs on Whole Grain Roll, Applesauce, Corn and Milk	Chef's Choice
PM Snack	Crackers and Cheese	Whole Grain Goldfish Crackers	Fresh Fruit and Milk	Pretzels and Milk	





