

October 2018 Events Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | | | |
|-----|--|--|-----------------------------------|--------------|-----|-----|--|--|--|--|
| | Please se | 2018-2019 Ancillary Activities Begin! Please see visit the front desk if you are interested in signing your child up to participate in one or more of our FIVE activity programs being offered this school year! | | | | | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | | |
| 14 | Lifetouch Make-Up Picture Day 9am-12pm | Shelly's Outdoor Adventure | 17 | Mismatch Day | 19 | 20 | | | | |
| 21 | 22 | Visit from Author Kentrell Martin Intermediate & Pre-K | 24 | 25 | | 27 | | | | |
| 28 | 29 | 30 | Halloween Parade Starts at 3:30pm | | | | | | | |



October 2018 Lunch Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------------------------|---|--|---|--|---|---|
| WG = Whole Grain Food Item | 1 Chicken & Broccoli Alfredo w/ WG Pasta, Fresh Banana AM—WG Corn Muffin PM—WG Ranch Crackers | 2 Turkey Carnitas with WG Tortillas, Fresh Lettuce, Salsa, Fresh Blueberries AM—Strawberry Yogurt PM—WG Graham Cracker with Sun Butter | 3 Beef Meatloaf with Brown Gravy, Corn, Fresh Mango AM—WG Mini Bagel w/ Cream Cheese PM—String Cheese with Ritz Crackers | 4 Turkey Breast & Cheese on WG Wrap, Fresh Carrot Sticks, Fresh Apples AM—Rice Krispies & Milk PM—Pita Triangles with Hummus | 5 Chicken & White Rice Stir Fry with Mixed Veggies, Fresh Cantaloupe AM—Strawberry Cereal Bar PM—WG Animal Crackers | 6 |
| 7 | 8 Macaroni & Cheese with Fresh Broccoli, Fresh Banana AM—WG Blueberry Muffin PM—WG Goldfish Crackers | 9 Beef Cheeseburger Slider on WG Wheat Bun, Fresh Asparagus, Fresh Honeydew AM—Vanilla Yogurt PM—WG Graham Crackers with Apple Butter | 10 Chicken & Cheese Quesadilla on WG Tortilla, Salsa, Fresh Pineapple AM—WG Mini Bagel w/ Jelly PM—String Cheese with Whole Wheat Crackers | 11 Chicken Salad on WG Wheat Bread, Fresh Celery, Fresh Apples AM—Cheerios & Milk PM—Pita Triangles with Hummus | 12 Chef Salad with Fresh Lettuce, Turkey, Cheese, Tomato, & Cucumber, Fresh Strawberries AM—Apple Cereal Bar PM—WG Cheese Crackers | 13 |
| 14 | 15 Chicken & Broccoli Alfredo w/ WG Pasta, Fresh Banana AM—WG Corn Muffin PM—WG Ranch Crackers | 16 Turkey Carnitas with WG Tortillas, Fresh Lettuce, Salsa, Fresh Blueberries AM—Strawberry Yogurt PM—WG Graham Cracker with Sun Butter | 17 Beef Meatloaf with Brown Gravy, Corn, Fresh Mango AM—WG Mini Bagel w/ Cream Cheese PM—String Cheese with Ritz Crackers | 18 Turkey Breast & Cheese on WG Wrap, Fresh Carrot Sticks, Fresh Apples AM—Rice Krispies & Milk PM—Pita Triangles with Hummus | 19 Chicken & White Rice Stir Fry with Mixed Veggies, Fresh Cantaloupe AM—Strawberry Cereal Bar PM—WG Animal Crackers | 20 |
| 21 | 22 Macaroni & Cheese with Fresh Broccoli, Fresh Banana AM—WG Blueberry Muffin PM—WG Goldfish Crackers | 23 Beef Cheeseburger Slider on WG Wheat Bun, Fresh Asparagus, Fresh Honeydew AM—Vanilla Yogurt PM—WG Graham Crackers with Apple Butter | 24 Chicken & Cheese Quesadilla on WG Tortilla, Salsa, Fresh Pineapple AM—WG Mini Bagel w/ Jelly PM—String Cheese with Whole Wheat Crackers | 25 Chicken Salad on WG Wheat Bread, Fresh Celery, Fresh Apples AM—Cheerios & Milk PM—Pita Triangles with Hummus | 26 Chef Salad with Fresh Lettuce, Turkey, Cheese, Tomato, & Cucumber, Fresh Strawberries AM—Apple Cereal Bar PM—WG Cheese Crackers | 27 |
| 28 | 29 Chicken & Broccoli Alfredo w/ WG Pasta, Fresh Banana AM—WG Corn Muffin PM—WG Ranch Crackers | 30 Turkey Carnitas with WG Tortillas, Fresh Lettuce, Salsa, Fresh Blueberries AM—Strawberry Yogurt PM—WG Graham Cracker with Sun Butter | 31 Beef Meatloaf with Brown Gravy, Corn, Fresh Mango AM—WG Mini Bagel w/ Cream Cheese PM—String Cheese with Ritz Crackers | | Falafe Gardenburger \ Vegetarian Bear | TERNATIVES BI Balls Vegetarian Patty as w/ Yellow Rice Jelly Sandwich |