November 2018 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Menu is subject to change			1 Grahams & Sunbutter	2 Whole Grain Cereal Bars
Lunch				Chef's Surprise, Green Beans & Applesauce	Soybutter & Jelly Sandwiches, Carrot Sticks & Raisins
PM Snack				Cheezits	Sports Bites
AM Snack	5 Whole Grain Cereal	6 Yogurt Cups	7 Bagels & Cream Cheese	8 Grahams & Sunbutter	9 Whole Grain Cereal Bars
Lunch	Meatball Subs, Carrots & Fruit Cocktail Veg: Veggie Nuggets	Beef Tacos, Corn & Pineapple Veg: Rice & Beans	Spanish Rice, Garden Salad & Fresh Fruit	Chicken Patties, Carrot Sticks & Mandarin Oranges Veg: Veggie Nuggets	Burger Sliders, Cucumber Slices & Pears
PM Snack	Teddy Grahams	Mini Rice Cakes	Waffle Grahams	Goldfish	Pretzels
AM Snack	12	13 Yogurt Cups	14 Bagels & Cream Cheese	15 Grahams & Sunbutter	16 Whole Grain Cereal Bars
Lunch	School Closed Teacher In-Service Day	Mac & Cheese, Broccoli & Pears	Chicken & Rice with Peas & Carrots, Fresh Fruit Veg: Cheesy Rice	BBQ Beef Nuggets, Corn & Mandarin Oranges Veg: Garden Burgers	Cheese Sandwiches, Carrot Sticks & Raisins
PM Snack		Chex Mix	Oatmeal Cookies	Cheezits	Animal Crackers
AM Snack	19 Whole Grain Cereal	20 Yogurt Cups	21 Whole Grain Apple Cinnamon Muffins	22 School Closed	23 Whole Grain Cereal Bars
Lunch	Chef's Surprise, Mixed Veggies & Mixed Fruit	Turkey, Green Beans, Rolls & Applesauce Veg: Mac & Cheese	Rice Pilaf ,Garden Salad & Fresh Fruit	Happy Thanksgiving	Chicken Salad on crackers, Cucumber Slices & Raisins
PM Snack	Vanilla Wafers	Mini Rice Cakes	Cheezits		Teddy Grahams
AM Snack	26 Whole Grain Cereal	27 Yogurt cups	28 Bagels & Cream Cheese	29 Grahams & Sunbutter	30 Whole Grain Cereal Bars
Lunch	Chicken Nuggets, Green Beans & Peaches Veg: Veggie Nuggets	Tomato Soup, Cheese & Crackers & Fruit Cocktail	Cheese Tortellini in Sauce, Garden Salad & Fresh Fruit	Breakfast For Lunch, Applesauce	Pizza Sticks, Carrot Sticks & Raisins
PM Snack	Chex Mix	Oatmeal Cookies	Waffle Grahams	Animal Crackers	Goldfish

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