

*Please note that fruits and vegetables are fresh and subject to change, without notice, based on availability, quality and ripeness.



October Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Yogurt ¹		Cereal ³	Applesauce ⁴	Oatmeal Bar ⁵
Lunch	Pizza, Salad, Pineapples	Chef's Choice	Meatloaf, Mashed Potatoes, Corn	Chicken Giggie, Peas, Pears	French Toast Sticks, Turkey Sausage, Banana
PM Snack	Goldfish		Fruit Cocktail	Graham Crackers	Cheese & Crackers
AM Snack	Granola Bar ⁸		Yogurt ¹⁰	Muffin ¹¹	Cereal ¹²
Lunch	Ravioli, Rolls, Salad	Chef's Choice	Fish Sticks, Baked Fries, Green Beans	Chicken Cacciatore, Melon	Cheese Burger Sliders, Veggie Baked Beans
PM Snack	Apple Slices		Peaches	Fig Newton	Goldfish
AM Snack	Mini Bagels & Cream Cheese ¹⁵		Cereal ¹⁷	Oranges ¹⁸	Yogurt ¹⁹
Lunch	Fettucine Alfredo, Spinach, Pineapples	Chef's Choice	Beef & Veggie Stew, Apple Slices	Red Beans & Rice, Cucumbers & Dip, Peaches	Pulled Chicken Sliders, Baked Fries, Green Beans
PM Snack	Peppers & Dip		Cheese & Crackers	Tortilla Chips & Salsa	Pears
AM Snack	Oatmeal Bar ²²		Banana ²⁴	Cereal ²⁵	Muffin ²⁶
Lunch	Chicken Nuggets, Rice Pilaf, Corn	Chef's Choice	Mini Pancakes, Turkey Sausage, Applesauce	Fish Sticks, Mac & Cheese, Peas	Spaghetti & Meatballs, Spinach, Pineapples
PM Snack	Waffle Graham Crackers		Granola Bar	Melon	Teddy Grahams
AM Snack	Apple Sauce ²⁹		Boo-nana ³¹		
Lunch	BBQ Chicken & Rice, Carrots, Pears	Chef's Choice	Grilled Cheese, Sweet Potato Fries, Oranges		
PM Snack	Graham Crackers		Classroom Parties!		