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| **December 2018**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** |
| **Dec 3** |  |  |  |
| **Dec 4** |  |  |  |
| **Dec 5** |  |  |  |
| **Dec 6** |  |  |  |
| **Dec 7 \*\*** |  |  |  |
| **Dec 10** |  |  |  |
| **Dec 11** |  |  |  |
| **Dec 12** |  |  |  |
| **Dec 13** |  |  |  |
| **Dec 14 \*\*** |  |  |  |
| **Dec 17** |  |  |  |
| **Dec 18** |  |  |  |
| **Dec 19** |  |  |  |
| **Dec 20** |  |  |  |
| **Dec 21 \*\*** |  |  |  |
| **Dec 24** |  |  |  |
| **Dec 25** |  |  |  |
| **Dec 26** |  |  |  |
| **Dec 27** |  |  |  |
| **Dec 28 \*\*** |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 3Pasta Genovese (Creamy Garlic Sauce) w/Chicken, Roasted Seasonal Veggies, Fresh FruitPenne w/Olive Oil, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 4Turkey & Cheese Enchiladas, Brown Rice & Black Beans, Fresh FruitCheese Enchiladas, Brown Rice & Black Beans, Fresh FruitPasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit | 5Chicken w/Sautéed Mushroom Sauce, Roll, Roasted Veggies, Fresh FruitGrilled Chicken Sandwich, Roasted Veggies, Fresh FruitGrilled Cheese, Roasted Potato Wedges, Fresh Fruit | 6Lean Beef Burger, Roasted Veggies, Fresh FruitLean Beef Meatballs w/Tomato Sauce, Roasted Veggies, Roll, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 7Braised Chicken & Black Bean Stew, Brown Rice, Roasted Veggies, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |
| 10Chicken Parmesan w/Pasta, Roasted Seasonal Veggies, Fresh FruitPasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Veggies, Fresh Fruit | 11Pasta w/Turkey Bolognese, Roasted Veggies, Fresh FruitPasta w/Olive Oil, Roasted Veggies, Fresh FruitBreakfast for Lunch--Waffles, Eggs, Fresh Fruit | 12Arroz con Pollo, Baked Plantains, Fresh FruitBraised Chicken, Brown Rice, Baked Plantains, Fresh FruitGrilled Cheese, Roasted Veggies, Fresh Fruit | 13Massaman Curried Chicken w/Brown Rice, Roasted Seasonal Veggies, Fresh FruitGrilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 14Cuban Sandwich, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.50 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is
4. Tear off the completed form and **RETURN WITH PAYMENT by Wednesday November 21st.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 17Low Fat Penne Alfredo w/ Chicken, Roasted Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Veggies, Fresh Fruit | 18Ground Turkey & Cheese Burrito, Black Beans, Roasted Veggies, Fresh FruitCheese Burrito, Black Beans, Roasted Veggies, Fresh FruitCheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit | 19Lean Beef Sloppy Joe’s, Roasted Seasonal Veggies, Fresh FruitVeggie Crumble Sloppy Joe’s, Roasted Seasonal Veggies, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 20Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges,, Fresh FruitBreaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 22Grilled Chicken Chop w/Yellow Rice, Black Beans, Fresh FruitCheese Pizza, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |
| 24**../../Desktop/Unknown-4.jpeg** **NO YUMMY LUNCHES TODAY** | 25**../../Desktop/Unknown-1.png../../Desktop/images-1.jpeg** **NO YUMMY LUNCHES TODAY** | 26Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Seasonal VeggiesGrilled Cheese, Roasted Veggies, Fresh Fruit | 27Philly Cheesesteak, Roasted Veggies, Fresh FruitBBQ Beef Sandwich, Roasted Veggies, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 29Cuban Mojo Turkey, Cilantro Line Roasted Corn, Baked Yucca Fries, Fresh FruitCheese Pizza w/Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh Fruit |