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| **December 2018**  Child’s Name  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Classroom   |  |  |  |  | | --- | --- | --- | --- | | **Date** | **1** | **2** | **3** | | **Dec 3** |  |  |  | | **Dec 4** |  |  |  | | **Dec 5** |  |  |  | | **Dec 6** |  |  |  | | **Dec 7 \*\*** |  |  |  | | **Dec 10** |  |  |  | | **Dec 11** |  |  |  | | **Dec 12** |  |  |  | | **Dec 13** |  |  |  | | **Dec 14 \*\*** |  |  |  | | **Dec 17** |  |  |  | | **Dec 18** |  |  |  | | **Dec 19** |  |  |  | | **Dec 20** |  |  |  | | **Dec 21 \*\*** |  |  |  | | **Dec 24** |  |  |  | | **Dec 25** |  |  |  | | **Dec 26** |  |  |  | | **Dec 27** |  |  |  | | **Dec 28 \*\*** |  |  |  |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 3  Pasta Genovese (Creamy Garlic Sauce) w/Chicken, Roasted Seasonal Veggies, Fresh Fruit  Penne w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 4  Turkey & Cheese Enchiladas, Brown Rice & Black Beans, Fresh Fruit  Cheese Enchiladas, Brown Rice & Black Beans, Fresh Fruit  Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit | 5  Chicken w/Sautéed Mushroom Sauce, Roll, Roasted Veggies, Fresh Fruit  Grilled Chicken Sandwich, Roasted Veggies, Fresh Fruit  Grilled Cheese, Roasted Potato Wedges, Fresh Fruit | 6  Lean Beef Burger, Roasted Veggies, Fresh Fruit  Lean Beef Meatballs w/Tomato Sauce, Roasted Veggies, Roll, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 7  Braised Chicken & Black Bean Stew, Brown Rice, Roasted Veggies, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit |
| 10  Chicken Parmesan w/Pasta, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit | 11  Pasta w/Turkey Bolognese, Roasted Veggies, Fresh Fruit  Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit  Breakfast for Lunch--Waffles, Eggs, Fresh Fruit | 12  Arroz con Pollo, Baked Plantains, Fresh Fruit  Braised Chicken, Brown Rice, Baked Plantains, Fresh Fruit  Grilled Cheese, Roasted Veggies, Fresh Fruit | 13  Massaman Curried Chicken w/Brown Rice, Roasted Seasonal Veggies, Fresh Fruit  Grilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 14  Cuban Sandwich, Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.50 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is $4.50. A full menu for the month is
4. Tear off the completed form and **RETURN WITH PAYMENT by Wednesday November 21st.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 17  Low Fat Penne Alfredo w/ Chicken, Roasted Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit  Baked Quorn Nuggets, Roasted Veggies, Fresh Fruit | 18  Ground Turkey & Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit  Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit  Cheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit | 19  Lean Beef Sloppy Joe’s, Roasted Seasonal Veggies, Fresh Fruit  Veggie Crumble Sloppy Joe’s, Roasted Seasonal Veggies, Fresh Fruit  Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 20  Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges,, Fresh Fruit  Breaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 22  Grilled Chicken Chop w/Yellow Rice, Black Beans, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit |
| 24  **../../Desktop/Unknown-4.jpeg**  **NO YUMMY LUNCHES TODAY** | 25  **../../Desktop/Unknown-1.png../../Desktop/images-1.jpeg**  **NO YUMMY LUNCHES TODAY** | 26  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Baked Quorn Nuggets, Roasted Seasonal Veggies  Grilled Cheese, Roasted Veggies, Fresh Fruit | 27  Philly Cheesesteak, Roasted Veggies, Fresh Fruit  BBQ Beef Sandwich, Roasted Veggies, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 29  Cuban Mojo Turkey, Cilantro Line Roasted Corn, Baked Yucca Fries, Fresh Fruit  Cheese Pizza w/Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit |