December 2018 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	26	27	28	29	30
AM Snack	Yogurt and Raisins	Cereal and Milk	Oatmeal Bars	Cereal and Milk	Whole Grain Waffles
Lunch	Hamburger on Whole Grain Roll, Corn, Pineapple and Milk	Fish Sticks, Green Beans, Applesauce and Milk	Chicken Parm, Salad with Ranch Dressing, Pears and Milk	Pierogies, Broccoli, Peaches and Milk	Cheese Quesadilla, Peas, Oranges and Milk
PM Snack	Townhouse Crackers and Sunbutter	Whole Grain Goldfish Crackers	Wheat Crackers and Cheese	Bananas and Milk	Trail Mix
	3	4	5	6	7
AM Snack	Muffins and Milk	Cereal and Milk	Oatmeal Bars and Milk	Whole Grain Bagel with Cream Cheese	
Lunch	Grilled Chicken Patty, Potatoes, Mixed Veggies and Milk	Ravioletti in Tomato Sauce, Peas, Peaches, Milk	Sweet and Sour Chicken, Rice, Mandarin Oranges and Milk	Turkey Sloppy Joes on Whole Grain Roll, Green Beans, Orange Slices, Milk	Chef's Choice
PM Snack	Waffle Grahams and Milk	Oatmeal Cookie	Yogurt and Raisins	Wheat Thins and String Cheese	
	10	11	12	13	14
AM Snack	Cereal and Milk	Oatmeal Bars and Milk	Cereal and Milk	Whole Grain Waffles with Apple Butter	Cereal and Milk
Lunch	Ham Slice, Broccoli, Mixed Fruit, Milk	Tacos, Oven Browned Diced Potatoes,Oranges,Milk	Whole Wheat Tuna Wrap, Yogurt, Applesauce, Milk	Mac & Cheese, Green Beans, Peaches, Milk	Pizza, Applesauce, Carrots, Milk
PM Snack	Whole Wheat Pita Bread and Hummus	Yogurt and Raisins	Cheese and Crackers	Apple Slices and Milk	Bananas and Milk
	17	18	19	20	21
AM Snack	Cereal with Milk	Muffins and Milk	English Muffins with Sunflower Butter	Cereal and Milk	Oatmeal Bars and Milk
Lunch	Meatloaf with Brown Gravy, Rice, Peas, Milk	Turkey and Cheese Wrap on Whole Wheat Tortilla, Fruit, Yogurt, Milk	Spaghetti with Meat Sauce, Green Beans, Pears, Milk	Fish Sticks, Mixed Veggies, Diced Potatoes	Ham and Cheese Roll Ups on Whole Wheat Tortillas, Apple Slices, Corn and Milk
PM Snack	String Cheese	Sunflower Butter and Crackers	Goldfish Crackers	Waffle Grahams	Pretzel Goldfish and Milk
	24	25	26	27	28
AM Snack	Yogurt and Raisins		Cereal and Milk	Apple Slices	Cereal and Milk
Lunch	Chicken Nuggets, Broccoli, Pineapple, Milk		Bowtie Pasta with Parmesan Cheese, Green Beans, Oranges, Milk	Chicken Parmesan, Mixed Veggies, Peaches, Milk	Ham Slice, Potatoes, Peas and Milk
PM Snack	Apple Slices and Milk		Graham Crackers and Milk	Trail Mix and Milk	Pudding