



November 2018 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1	2
Lunch				Muffins and Milk Sunbutter and Jelly, Bananas, Yogurt and Milk	Cereal and Milk Pizza, Peas, Pears and Milk
PM Snack				Trail Mix	Waffle Grahams
AM Snack	5	6	7	8	9
Lunch	Cereal and Milk Ham and Cheese Wrap on Whole Grain Tortilla, Mandarin Oranges, Carrots and Milk	CLOSED for IN-SERVICE DAY	Oatmeal Bars Meatloaf, Potatoes, Peas and Milk	Cereal and Milk Sloppy Joes, Tater Tots, Peaches and Milk	Chef's Choice
PM Snack	Whole Grain Goldfish Crackers		Applesauce and Pretzels	Yogurt and Raisins	
AM Snack	12	13	14	15	16
Lunch	Oatmeal Bars Chicken Nuggets, Peas, Apple Slices and Milk	Cereal and Milk Turkey Tacos, Diced Potatoes, Pears and Milk	French Toast Grilled Cheese on Whole Grain Bread, Tomato Soup, Pineapple and Milk	Bananas and Milk Tortellini with Tomato Sauce, Carrots, Peaches and Milk	Cereal and Milk Ham slice, potatoes, Mixed Fruit and Milk
PM Snack	Cheese and Crackers	Trail Mix	Yogurt and Graham Crackers	Apples/Applesauce and Milk	Graham Crackers
AM Snack	19	20	21	22	23
Lunch	Cereal and Milk Pasta with Tomato Sauce, Salad with Italian Dressing, Peaches and Milk	English Muffins and Sunflower Butter Turkey, Potatoes, Corn and Milk	Cereal and Milk Turkey Dogs on Whole Grain Roll, Sweet Potato Puffs, Pears and Milk	Happy Thanksgiving! Closed	Chef's Choice
PM Snack	Spikers Ranch Crackers	Waffle Grahams	String Cheese		
AM Snack	26	27	28	29	30
Lunch	Yogurt and Raisins Hamburger on Whole Grain Roll, Corn, Pineapple and Milk	Cereal and Milk Fish Sticks, Green Beans, Applesauce and Milk	Oatmeal Bars Chicken Parm, Salad with Ranch Dressing, Pears and Milk	Cereal and Milk Pierogies, Broccoli, Peaches and Milk	Whole Grain Waffles Cheese Quesadilla, Peas, Oranges and Milk
PM Snack	Townhouse Crackers and Sunbutter	Whole Grain Goldfish Crackers	Crackers and Cheese	Bananas and Milk	Trail Mix and Milk