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| **February 2019**Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Classroom

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| **Date** | **1** | **2** | **3** |
| **Feb 4** |  |  |  |
| **Feb 5** |  |  |  |
| **Feb 6** |  |  |  |
| **Feb 7** |  |  |  |
| **Feb 8 \*\*** |  |  |  |
| **Feb 11** |  |  |  |
| **Feb 12** |  |  |  |
| **Feb 13** |  |  |  |
| **Feb 14** |  |  |  |
| **Feb 15 \*\*** |  |  |  |
| **Feb 18** |  |  |  |
| **Feb 19** |  |  |  |
| **Feb 20** |  |  |  |
| **Feb 21** |  |  |  |
| **Feb 22 \*\*** |  |  |  |
| **Feb 25** |  |  |  |
| **Feb 26** |  |  |  |
| **Feb 27** |  |  |  |
| **Feb 28** |  |  |  |
| **Mar 1 \*\*** |  |  |  |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 4Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh FruitPasta w/Olive Oil, Roasted Seasonal Veggies, Fresh FruitBaked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 5Breakfast for Lunch--Sweet Potato Pancakes, Eggs, Fresh FruitBaked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh FruitPasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit | 6Turkey & Cheese Enchiladas, Rice & Beans, Fresh FruitCheese Enchiladas, Rice & Beans, Fresh FruitGrilled Cheese, Roasted Veggies, Fresh Fruit | 7BBQ Chicken, Baked Beans, Corn Bread, Fresh FruitBBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 8Pulled Beef & Cheese Nachos, Black Beans, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |
| 11Baked Chicken Nuggets, Roasted Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Veggies, Fresh FruitRigatoni Genovese w/Chicken, Roasted Veggies, Fresh Fruit | 12Roasted Chicken w/Smashed Potatoes, Roasted Sweet Peas, Fresh FruitCheese Lasagna, Roasted Sweet Peas, Fresh FruitPasta w/Olive Oil, Roasted Sweet Peas, Fresh Fruit | 13Arroz con Pollo, Baked Plantains, Fresh FruitMarinated Chicken, Baked Plantains, Brown Rice, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 14Lean Beef Burgers, Roasted Veggies, Fresh FruitLean Beef Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 15Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.50 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is **$4.50**. A full menu for the month is **$85.50**
4. Tear off and return the completed form by **Wednesday January 23rd.**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 18**NO YUMMY LUNCHES****President’s Day** | 19Penne w/Low Fat Alfredo Sauce w/Chicken, Roasted Veggies, Fresh FruitBaked Chicken Nuggets, Glazed Carrots, Fresh FruitBaked Quorn Nuggets, Glazed Carrots, Fresh Fruit | 20Sweet & Sour Chicken w/Veggie Fried Rice, Steamed Edamame, Fresh FruitSweet & Sour Tofu w/Veggie Fried Rice, Steamed Edamame, Fresh FruitGrilled Cheese, Steamed Edamame, Fresh Fruit | 21Turkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh FruitVeggie Crumble Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh FruitMac & Cheese, Roasted Seasonal Veggies, Fresh Fruit | 22Chicken Chop w/Saffron Yellow Rice, Black Beans, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit  |
| 25Baked Chicken Nuggets, Roasted Veggies, Fresh FruitBaked Quorn Nuggets, Roasted Veggies, Fresh FruitPasta w/Sirloin & Mushroom Sauce, Roasted Seasonal Veggies, Fresh Fruit | 26Maple Mustard Glazed Sliced Turkey, Roasted Sweet Potato Fries, Roll, Fresh FruitCheese Tortellini w/Tomato Sauce, Roasted Seasonal Veggies, Fresh FruitCheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 27“Make Your Own Yummy...” Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit“Make Your Own Yummy...” Tofu Fajitas, Brown Rice, Black Beans, Fresh FruitGrilled Cheese, Roasted Seasonal Veggies, Fresh Fruit | 28Baked Fish Cakes w/Slaw (on the side), Roasted Veggies, Fresh FruitBreaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Veggies, Fresh FruitMac & Cheese, Roasted Veggies, Fresh Fruit | 1Beef Gyro w/Tzatziki, Sautéed Peppers, Tomatoes & Onions, Veggie Chips, Fresh FruitCheese Pizza, Veggies & Dip, Fresh FruitCheese Pizza, Veggie Chips, Fresh Fruit |