|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **March 2019**  Child’s Name  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Classroom   |  |  |  |  | | --- | --- | --- | --- | | **Date** | **1** | **2** | **3** | | **Mar 4** |  |  |  | | **Mar 5** |  |  |  | | **Mar 6** |  |  |  | | **Mar 7** |  |  |  | | **Mar 8 \*\*** |  |  |  | | **Mar 11** |  |  |  | | **Mar 12** |  |  |  | | **Mar 13** |  |  |  | | **Mar 14** |  |  |  | | **Mar 15 \*\*** |  |  |  | | **Mar 18** |  |  |  | | **Mar 19** |  |  |  | | **Mar 20** |  |  |  | | **Mar 21** |  |  |  | | **Mar 22 \*\*** |  |  |  | | **Mar 25** |  |  |  | | **Mar 26** |  |  |  | | **Mar 27** |  |  |  | | **Mar 28** |  |  |  | | **Mar 1 \*\*** |  |  |  |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 4  Pasta Genovese (Creamy Garlic Sauce) w/Chicken, Roasted Seasonal Veggies, Fresh Fruit  Pasta Genovese, Roasted Seasonal Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit | 5  Turkey & Cheese Enchiladas, Brown Rice & Black Beans, Fresh Fruit  Cheese Enchiladas, Brown Rice & Black Beans, Fresh Fruit  Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit | 6  Chicken w/Sautéed Mushroom Sauce, Roll, Roasted Veggies, Fresh Fruit  Grilled Chicken Sandwich, Roasted Veggies, Fresh Fruit  Grilled Cheese, Roasted Potato Wedges, Fresh Fruit | 7  Lean Beef Burger, Roasted Veggies, Fresh Fruit  Lean Beef Meatballs w/Tomato Sauce, Roasted Veggies, Roll, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 8  Braised Chicken & Black Bean Stew, Brown Rice, Roasted Veggies, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit |
| 11  Pasta w/Turkey Bolognese, Roasted Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit  Baked Quorn Nuggets, Roasted Veggies, Fresh Fruit | 12  Chicken Parmesan w/Pasta, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit  Breakfast for Lunch--Waffles, Eggs, Fresh Fruit | 13  Arroz con Pollo, Baked Plantains, Fresh Fruit  Braised Chicken, Brown Rice, Baked Plantains, Fresh Fruit  Grilled Cheese, Roasted Veggies, Fresh Fruit | 14  Massaman Curried Chicken w/Brown Rice, Roasted Seasonal Veggies, Fresh Fruit  Grilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 15  Cuban Sandwich, Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit |

Meals x $4.50 =

Paid by: check # or cash

1. Check off your child’s lunch order for each day (select a meal)
2. Every day you have the option of Water, Milk, or Chocolate Milk.
3. Each meal is **$4.50**. A full menu for the month is **$90.00**
4. Tear off and return the completed form by **Wednesday, February 20th.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 18  Low Fat Penne Alfredo w/ Chicken, Roasted Veggies, Fresh Fruit  Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit  Baked Quorn Nuggets, Roasted Veggies, Fresh Fruit | 19  Ground Turkey & Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit  Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit  Cheese Tortellini w/Olive Oil, Roasted Veggies, Fresh Fruit | 20  Lean Beef Sloppy Joe’s, Roasted Sweet Potato Veggies, Fresh Fruit  Veggie Crumble Sloppy Joe’s, Roasted Seasonal Veggies, Fresh Fruit  Grilled Cheese, Roasted Veggies, Fresh Fruit | 21  Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges,, Fresh Fruit  Breaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 22  Grilled Chicken Chop w/Yellow Rice, Black Beans, Fresh Fruit  Cheese Pizza, Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit |
| 25  Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Pasta w/Lean Beef & Eggplant Bolognese, Roasted Seasonal Veggies, Fresh Fruit | 26  Chicken Paella, Black Beans, Roasted Seasonal Veggies, Fresh Fruit  Marinated Sliced Chicken, Black Beans, Yellow Rice, Fresh Fruit  Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit | 27  Maple Glazed Sliced Turkey, Roll, Roasted Seasonal Veggies, Fresh Fruit  Maple Glazed Turkey Po’ Boy Sandwich, Roasted Seasonal Veggies, Fresh Fruit  Grilled Cheese, Roasted Veggies, Fresh Fruit | 28  Philly Cheesesteak, Roasted Veggies, Fresh Fruit  BBQ Beef Sandwich, Roasted Veggies, Fresh Fruit  Mac & Cheese, Roasted Veggies, Fresh Fruit | 29  Cuban Mojo Turkey, Cilantro Line Roasted Corn, Baked Yucca Fries, Fresh Fruit  Cheese Pizza w/Veggie Chips, Fresh Fruit  Cheese Pizza, Veggies & Dip, Fresh Fruit |